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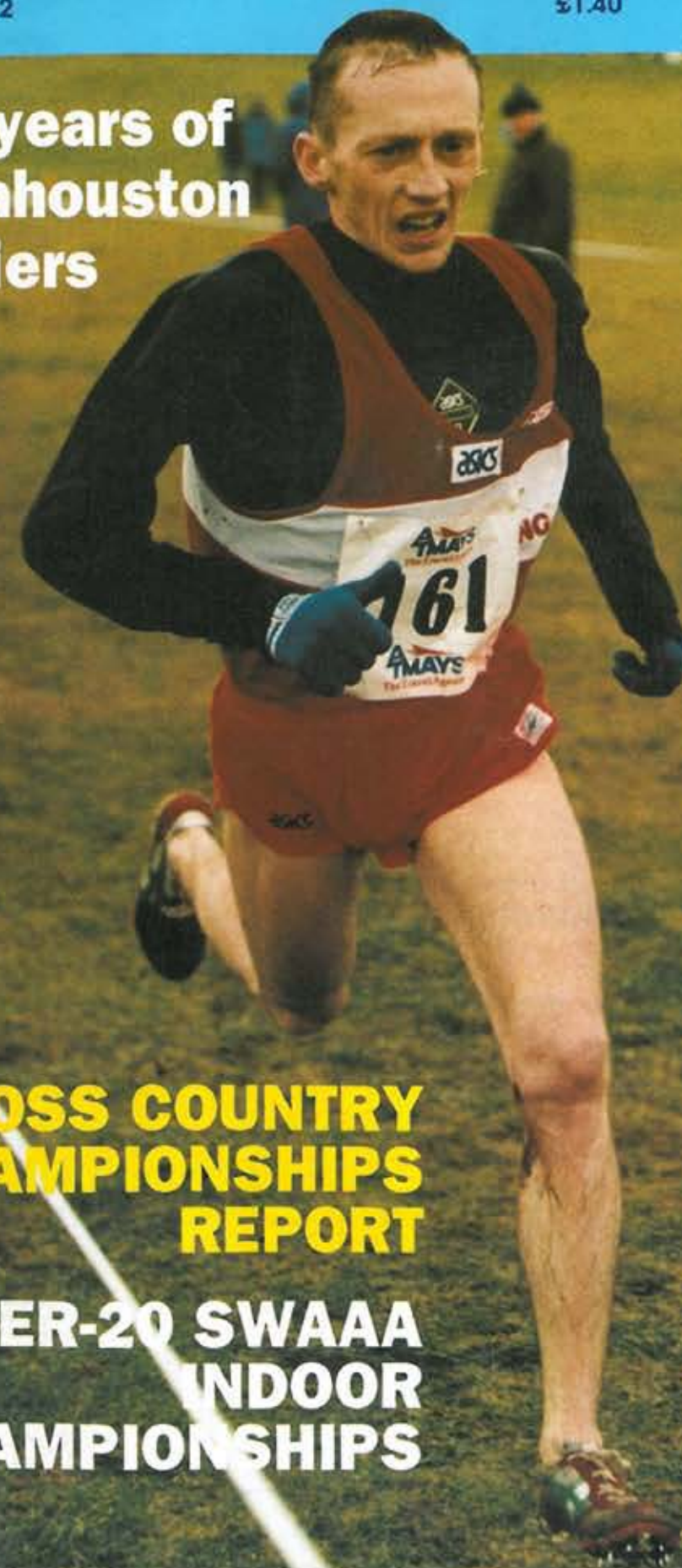
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Voting for Scottish sport

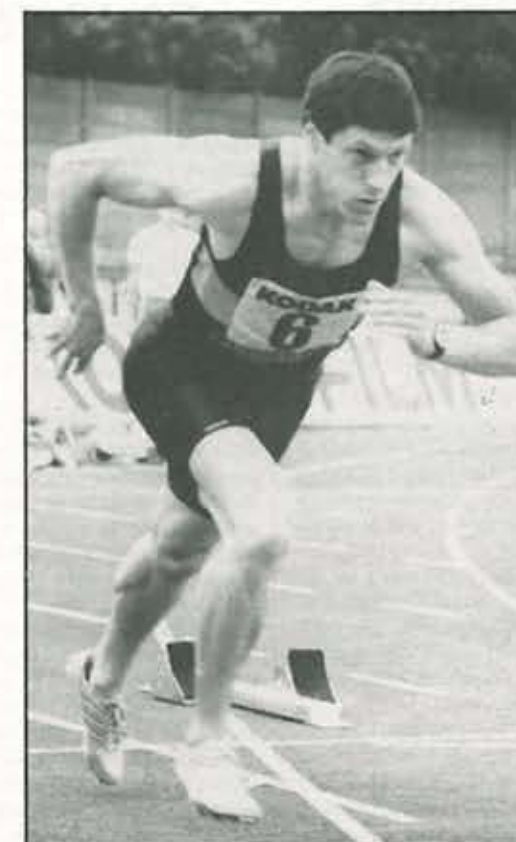
ON April 9 the voters of Scotland have, for the first time in living memory, a real opportunity to change the way this country is governed. Not before time, as the opinion polls tell us that almost four out of five Scots want that change.

And just as with other aspects of life in Scotland, it is difficult to escape the conclusion that, for sport, almost anything would be preferable to the status quo.

In many ways, and particularly when it comes to research and producing reports, the Scottish Sports Council does a good job. But it is woefully underfunded, and lacks the political or financial muscle to implement its findings.

The document Sport 2000 is a prime example of this.

Sport has always been lowly placed on the political agenda, and to be honest none of the political parties has done enough to deserve the



sporting vote, if there is such a thing.

No, to find the inspiration for the future we have to look at countries such as Sweden, where a government-led sports policy, which starts at schools level, has resulted in the emergence of international class tennis players and golfers. This is the way forward for Scottish sport, because in this country the achievements of individuals such as Liz McColgan and Allan Wells occur - as regular readers are no doubt heartily sick of hearing repeated - by chance rather than design.

This magazine has come to the inevitable conclusion that only much greater autonomy, and probably only full independence sooner or later, can guarantee Scottish sport the finance and resources it requires and deserves.

Worth considering on April 9?

Alan Campbell

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1. When was the first Olympics held?
2. Name the man pictured left who smashed the long jump world record during the 1968 Mexico Olympics?
3. What city does Liz McColgan hail from?

ANSWERS

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Highland Games for Edinburgh

THE City of Edinburgh Highland Games, for years the only major international fixture in Scotland, will be revived at the end of Edinburgh's International Festival, on August 29, after an absence of almost a decade, and less than a month after a rival professional meeting, writes Doug Gillon.

The Meadowbank Highland Games, backed by New Year promoter Frank Hanlon, is scheduled for August 1, while the second event, which has the backing of both the city and the SAAA, clashes with the Cowal gathering at Dunoon. It is possible however that amateurs and professionals will be competing against each other by then.

The promoter of the August 29 meeting, Dave Farrer, is a former Meadowbank deputy manager who once brought the professional International Track Association squad from the USA to Meadowbank.

His relaunch will be a shoestring affair concentrating on traditional events, with open handicaps, dancing, and pipe bands. In 1975 nearly 20,000 spectators came to watch newly-crowned world mile record holder John Walker.

But the crowds declined after the 1978 meeting when athletes claimed double expenses from the USA and a police investigation revealed details of the under the table payments which riddled the sport.

The SAAA took over the meeting, but with the cash out in the open, they could not sustain the quality of competitor and the fixture disappeared. But now, with trust funds legal, the return of the Highland Games event finds a crowded international fixture list, and no cash to attract the class of athlete which the capital once had in profusion.

Playing the game by the book has cost Scottish athletics dearly.

The former promoter, Bill Walker, who was unjustly pilloried by the SAAA for his role in what became known as the "slush-fund Games" considers a meeting like that of 14 years ago would cost £300,000 at today's prices.

Haining misses Boston

HAYLEY Haining, the Glasgow University vet student from Nith Valley, after some inspired running this winter and having been at the centre of controversy over the world championships selection, saw her efforts thwarted at the last minute when she was forced to withdraw from Britain's team for Boston and for the World Student Cross Country Championships in Dijon on March 28, writes Doug Gillon.

Haining, seventh in the World Junior Championships last year, was lying ninth in the World Cross Grand Prix standings when she confirmed that a persistent injury to her left ankle would prevent her running in the two end of season championships.

She had finished twelfth in the Cinque Mullini World Cross event in Italy over 4800 metres, but the ankle injury which had caused her to miss the trial flared up thereafter, and she was forced to withdraw.

The race was dominated by Liz McColgan's principal world rivals. Winner was Ethiopian Lucia Yisak, who outspurred Lynne Jennings and Derartu Tulu, last year's world champion and runner-up, with only a second covering the trio.

Britain's Lisa York, also named for Boston, was ninth in 19-03 with Haining clocking 19-47.

Robert Quinn, the Kilbarchan-based British Universities Sports Federation champion from Jordanhill, who will head the UK student team in Dijon, was Britain's leading finisher, twelfth, in the 9800m men's race which was won by another Ethiopian, Fita Bayesa.

Bayesa was timed at 32-32, moving to the top of the World Cross standings ahead of Kenya's Osoro Ondora. Quinn had perhaps his best race of the year, timed at 34-03 and in close contention with several of the sport's superstars.

Included among these was Kenya's world steeplechase champion Moses Kiptanui (fifth in 33-35) and European 5000 and 10,000m champion Salvatore Antibo of Italy who place eighth, just 15 seconds ahead of Quinn.

IF you won a medal at the recent National Championships you will have no doubt noticed that the year was incorrectly engraved on it as 1991.

To remedy this, the SAAA has asked us to inform all medal winning readers that the engraving will be changed to 1992 if the offending item is returned to them. At the same time athletes' names will also be engraved on to the medals.

CARNEGIE Harriers are to be sponsored by FMC (a petroleum equipment company) and the club will be known as FMC Carnegie Harriers.

THE CHAMPION WHO ENJOYS A FLY PUFF

THE appeal of veteran athletics was highlighted at the Scottish Veteran Harriers Club championships at Glasgow's Kelvin Hall where 70-year-old Jimmy Todd from Ballyclare finally got on terms with some of the more illustrious names of the sport, writes Doug Gillon.

In the 1940s and '50s, Todd was canon-fodder for contemporaries such as Sidney Wooderson, Gordon Pirie, Frank Sando, and Fred Norris.

But with his former rivals either having passed on or having hung up their spikes, the retired plasterer cemented his own niche in track history by winning and setting three world age group records 54 years after he first took up the sport.

First there was an 800 metres best in 2-34.2, then the 1500m and 3000m events in 5-13.1 and 11-22.4. The 1500m performance was 14 seconds inside the old mark, while the 3000m was a five second improvement. The most significant time he can recall from his younger days was a Northern Ireland record of 2-37 for the marathon, achieved in 1958.

Another world record fell to Harry Tempan of Stewartry. He broke the UK world 3000 metre best in the 65-plus division with 10-57.8, and earlier had narrowly missed the world 400m time with 66.6 which was, nevertheless, a UK record.

The best all-rounder was Pitreavie's Eamon Fitzgerald, a self-confessed 30 cigarettes-a-day addict who was forced to sneak out of the arena for a fly puff to claim his third win of the event, in the triple jump.

Dublin-born Fitzgerald, who works in the Fishery Protection Service, increased the British over-45 high jump record by five centimetres with 1.76m, and also won the pole vault with 3.65m.

Having narrowly lost the long jump and hurdles to Jack Gelder (5.56 to 5.57 and 9.5 to 9.6) he drew on his first fag of the day to beat him in the triple with 11.81m.

A coaching stalwart at the Fife club, he said, "I never let the kids see me smoking. I know I shouldn't touch the things. I stopped once, for a year, and tried to make the 1952 Olympic team. I improved from 2.03 to 2.06, but never got to Helsinki."

Pitreavie clubmate John Linaker, the former international steeplechaser and father of Isobel, won the 50-plus 800 and 1500 (2-13.8, 4-32.6) and another clubmate, Mike Hemmings, took the 40-plus sprints, both in personal bests. He claimed the 60m in 7.6 and the 200m

in 24.9, having taken up the sport just three years ago after his age group record-breaking son, Jason, bowed out of 800m running. Now the 19-year-old is based in Derby and planning a comeback.

Former internationalists Cameron Spence and Colin Youngson fought out a fierce duel in the 40-plus 1500m before IBM Spango Valley's Spence



Colin Youngson

sprinted clear in 4-16.3. But Falkirk Victoria's Davie McKenzie, profiting from coaching by international clubmate John Sherban, ran away from both in the 3000m, to win 8-50.1.

Glasgow's Janet McColl, a member of the Scottish women's cross country team last season, put in a prodigious day's work to win the 800m (2-24.4), 1500m (5-02.3), and 3000m (10-35.5).

Other British records fell to George Bridgeman, father of international sprinter Angela, who won the 65-plus 200m in 29.1, to John Scott who won the 50-plus shot with 14.03m, and Joyce Ramell who landed the 40-plus triple jump with 8.66m.

Irene Morrison, niece of event convenor Davie, equalled the UK 200m mark with 27.3.

Many of the competitors were preparing for the UK Veterans Championships at RAF Cosford. The old arena lingers on despite the new Birmingham masterpiece.

"The championships would have been at Birmingham but for the cost," said Davie Morrison. "The vet event there would have cost some £2000, against about £200 for the Kelvin Hall."

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DUE to a clash with the World Motor Cycle Trails Championships, the Lochaber People's Marathon has been re-scheduled from April 19 and will now take place on Sunday, April 26.

The heartbreak behind McColgan's charity work

THE heartbreak of a series of family tragedies has prompted Liz McColgan to become patron of a £1m charity appeal to help cancer victims, writes Doug Gillon.

The world 10,000 metres champion is backing the Macmillan Mile Challenge, a unique UK-wide fundraising event to fund Macmillan Nurses who support and care for cancer sufferers.

Liz explained that her life had been deeply touched by the disease, it having afflicted three members of her close-knit family - her grandmother, an aunt, and the great-uncle who put her on track to athletics glory.

McColgan wants to help recruit a million people between June 6-14 to walk one mile and donate £1 each to the appeal.

"Cancer is a disease that has touched my life and caused me and my family so much sadness," she said. "Anything that I can do to help ease the burden on sufferers is a worthwhile cause I am happy to put my name to."

Alec Wilson, uncle of Liz's mother, died of the disease two years ago, but to Liz's regret, the man who launched her career by paying for her to go to college in America never saw her achieve her finest hour at the Tokyo World Championships.

"He brought up my mum and was more like a granddad than an uncle to me," she said. He gave me the chance to enhance my running and was always supportive of my career, and it was very hard to accept when I learned he had died of cancer.

"He knew for probably over a year that he had the disease, but kept it from everyone. It was really upsetting to think of the pain he must have been suffering."

"And it wasn't just him. My gran had face cancer and my dad's sister died of the disease too. These personal losses have made me realise only too well what cancer is all about."

"We are looking for a million people to raise a pound in sponsorship by walking a mile. It will take just 10 minutes out of their day to do it - after

all, I'm only asking for them to cover a hundredth of the distance I run each week!"

The Macmillan Mile is set to be tackled in a whole range of different ways, and Liz plans to do hers as she prepares in Florida for the Olympics.

Anybody interested in becoming an organiser for the event should phone 0839 121200.

McColgan has continued her build-up towards the Barcelona Olympic 10,000m in the same intimidating fashion that she finished last year, with a lucrative appearance at Birmingham's new National Arena sandwiched between a win in the Cupar 5.7 mile Road Race in a course record of 30:06, with only a dozen men ahead of her. She won an Easter Egg, a few Mars bars, and half a dozen bottles of wine.

"Maybe that will put in perspective some of the comments about Liz being a money-grabber," said husband Peter.

Liz's first appearance in Birmingham, at the TSB invitation meeting, produced a world 5000m record of 15:03.17, smashing Uta Pippig's year old world mark by more than 10 seconds. McColgan lapped all of the field at least once, and one of them, Dawn Harris, four times.

It was the first IAAF world record by a Scottish woman, although Dale Greig, from Paisley, held the world marathon best before that event was recognised for women. Jim Alder (30k), Don Ritchie (at numerous ultra distances) and Raymond Hubbard (30 miles indoors) all have set men's world marks within the past 25 years.

Three weeks later she was back, in the Vauxhall international against the USA. Again she lapped the whole field in a solo run which produced the world's fastest 3000m time of the year, 8:43.34, as she warmed up for the world cross country in Boston.

Not content with these successes and her Barcelona ambitions, McColgan has now set her sights on the world half marathon title, on September 20 in the Diet Coke Great North Run.

PAUL Evans of Springburn was third in the Lisbon Half Marathon in a Scottish best time of 61:34. He finished four places and 37 seconds clear of Steve Jones, the former marathon world record holder. Karen Macleod (ESPC) knocked over a minute from her best when finishing fifth in the women's race in 71:45.

DUNDEE University AC, Edinburgh Spartans, Edinburgh Western Harriers, and Motherwell YMCA Harriers have all been deleted from the SAAA membership list having failed to respond to communications regarding the 1992 affiliation fee.

ISABEL Linaker of Queen Anne High School won the girls under-17 title in the Scottish Power Schools Cross Country Championships at Irvine but runner-up Marjory Smith led Dingwall Academy to victory in the team championship. Full details next month.

GERRY McConnell (Kirkintilloch) and James Sands (Lewwood), who competed for Britain in the Seoul Special Olympics, were first and second in the Home Countries international 5000 metres cross country match for disabled athletes at Mansfield. Scotland finished second to England.



Scottish Athletics launch Cameron Sharp appeal

SCOTTISH Athletics has launched a fund to help former Olympic sprinter Cameron Sharp and his family, writes Doug Gillon.

Shettleston Harrier Sharp, who won gold, silver, and bronze medals for Scotland during three successive Commonwealth Games from 1978-86, has been left permanently disabled as a result of a road accident last October.

Sharp, originally from Kilmarnock, will shortly be released from hospital after extensive rehabilitation, but has no use of his left arm, is partially sighted in both eyes, and apart from a few laborious steps with the aid of a stick support, is confined to a wheelchair. He also has speech and memory impairment, and perceptual difficulties.

Medical opinion is that Cameron is most unlikely to return to his previous post as a leisure manager, but may be employable in some capacity in the future. His employers, Annandale and Eskdale District Council, in line with normal practice, will hold his job open for a year, until October. His progress will be reassessed then, and subject to medical advice the council will then decide about the possibility of further or alternative employment.

However his wife, Carol, and two pre-school age children, though most grateful for help and support already

received, are concerned that they may be left in severe financial difficulties and unable to maintain mortgage repayments on their Lochmaben home.

Cameron's employers already have a fund, but now an athletics initiative is being pursued. The British Athletic Federation have rejected a suggestion that they should pay off the Sharp's mortgage, but say they will support the Scottish Athletics appeal.

Several initiatives are being pursued - sponsored runs and walks, auctions, and a prize draw. Many leading international sportsmen and women have contributed and promised memorabilia, and substantial prizes and money have also been donated.

The athletics appeal organisers are grateful to the BP Thistle Awards for their assistance in launching the appeal at the Kelvin Hall as part of their 21st birthday celebrations, and for a £1000 donation to the fund after internationalists Brian Whittle and Alison Grey joined school pupils in a BP Thistle Awards points scoring competition.

Further events will be staged throughout the summer, the object being to raise £49,000, which would pay off the outstanding mortgage. Anybody prepared to assist should contact the Scottish Athletics administrator, Gregor Nicholson, on 031-317-7320.

Les Jones

THE death of Les Jones at the age of 48 is a bitter blow to British athletics - "like awakening to discover that the Rock of Gibraltar had disappeared" as Andy Norman aptly summed up.

Jones, the British international men's team manager, and Customs and Excise officer, died in his sleep only hours after the conclusion of the European Indoor Championship in Genoa on March 2, writes Doug Gillon.

When many officials were often to be found enjoying their own company after championships, you could usually bet on finding Jones with the competitors, celebrating, consoling, or acting as father confessor.

They were roles he played to perfection. Not because of any power hunger - and Jones was certainly an influential figure, and destined to be more powerful - but because he cared passionately.

An estimated crowd of 2,000 attended the funeral in Portadown, and the mourners read like a who's who of athletics, with representatives of the IAAF, and athletes and former athletes such as Steve Cram, Linford Christie, Phil Beattie, Elaine McLaughlin, Peter McColgan, Brian Whittle, Eamonn Coghlan, Dave Bedford, Brendan Foster and Mary Peters among them.

Jones is survived by his wife, Lesley, son Simon, 17, and daughter Kerry, 11. Donations in lieu of flowers may be sent to the Les Jones Memorial Fund, House of Sport, Upper Malone Road, Belfast.

DAVID Barnetson added one centimetre to his own national high jump record with a clearance of 2.16m in the match between a Scottish Select and Midland Counties at the Kelvin Hall. National coach Andy Vince expects to see him clear 2.20m this summer.

TERRY Mitchell (Fife AC) beat Irish Olympic marathon runner Gerry Kieran by a second to win the Ballycotton 10 Mile Road Race in 49:09. Hammy Cox (Greenock Glenpark) was ninth in 51:21.

ALLISTER Hutton (Caledon Park) warmed up for the London Marathon with victory in the Dunky Wright Memorial 5.5 Mile Road Race in 26:13.

FIONA Ross, Scotland's Runner's advertising manager for the past four years, has now moved on to another position. Desmond Burke has replaced her.

We wish both Fiona and Desmond every success in their new jobs.

Cambuslang achieve cross country history



Tommy Murray winning the 3000m title at this year's Scottish Indoor Championships.

CAMBUSLANG achieved a unique place in Scottish cross country history when they cleaned up in the national championships at Irvine, writes Doug Gillon. There was drama aplenty. Not just the victory of Tom Murray and the unsavoury aftermath of a doping row (of which more latter) but Cambuslang's success in clinching the national junior boys team title.

It was the last which put the Lanarkshire club's celebrations into overdrive. For when Messrs Dobie, Hodgson, Bates, and Wallace collected the junior boys crown - all of them in the top 14 places - it meant that in just 14 years Cambuslang had won every possible award in the sport - the individual and team national and district titles in all five age groups, plus the national road and cross-country relay titles, Edinburgh-Glasgow crown, the national young athletes relay, and district relay honours at senior and young athlete level.

Murray, with his second win in four years, lead Graeme Croll (6), Mark Gornley (15), Ed Stewart (16), Doug Runciman (22), and Graham Getty (34) to an overwhelming senior team win over Racing Club Edinburgh with Teviotdale third. But Murray was incensed at the senior doping control officer, whom he insists was over-zealous, and denied him the chance to celebrate properly by refusing to allow him to collect his winner's trophy.

"I was happy to provide a sample - I am totally against drugs," said Murray. "But when I asked if I could go to the

medal presentation, the doping officer refused to let me leave. Why could they not have escorted me to the ceremony and back again? He took a lot of the glory from my big day."

"When I finally got out, everyone had gone except one of my club officials, Jim Scarbrough, who collected my medal and trophy. I could not even have a celebratory pint with my team mates."

The doping officer later tendered his resignation - it was declined by the Scottish Sports Council - but the SCCU and Cambuslang wrote asking why the incident occurred. They are concerned that legislation aimed at catching cheats is pressurising sportsmen, officials, and even sponsors. The event's backers, AT Mays, were denied the chance to take the kind of promotional photographs which are part of the motivation for such sponsorship.

Laurie Randak, the sports council executive in charge of doping control, said: "The sampling officer in charge was so upset that he offered to resign, but we have refused to accept. Several athletes were still waiting to be tested, which made it logistically impossible to send somebody with Murray."

"We regret this had to happen, but if there are one or two casualties of the doping programme, this is the price we have to pay for cleaning up sport."

One consolation for Murray is that a local Greenock butcher, Robert Alexander, beefed up the athlete's world cross country preparations with a £300 contribution to his trust fund and some free meat.

Select rely on speed

SCOTTISH Select sprinters were the driving force behind their team's victory in both women's matches against Scottish Universities, Northern Ireland, Loughborough University and Scottish Schools at the Kelvin Hall.

The select dominated the men's sprints. Stephen Shanks took the 60m in 7.1, Harvey Lister the 200m in 22.0, and Gregor McMillan the 400m in 48.9.

Shettleston's Stephen Tucker gave excellent back up when winning the 800m and 200m in 7.2 and 22.4. These four athletes combined well to win the 4 x 200m in 1:28.8 secs., by almost 20 yards from Northern Ireland.

In the women's events, schools sprint prodigy Sinead Dudgeon won the 200m in 25.9, but was beaten in the 60m by Scottish Universities' champion Jane Fleming in 7.8. Alison Grey won the shot with 14.38m, ahead of Helen Cowe who reached a personal best of 13.62m.

ANC upset at Murray choice

TOM McKean and Tony Morrell have gone to Arizona together for altitude training. McKean's training partner Yvonne Murray is in South Africa - a choice of venue which apparently has upset the African National Congress. They would have preferred UK athletes to wait until South Africa had made a full return to competition.

Brian Whittle will also be tackling altitude training for the first time this spring, in Boulder, Colorado. Whittle, who lowered his 800m indoor best to 1:46.57 - fifth fastest on the UK all-time list - ran out of gas in the final and slumped to last.

Predictable win for MacPherson

VIKKI MacPherson warmed up for the World Cross Country Championships with a predictable win in the 49th Scottish Women's Cross Country Championships at Callendar Park, Falkirk.

The Glasgow woman, an accountancy student at Glasgow University, beat Edinburgh Woollen Mill's Alison Rose by 34 seconds.

Rose, however, led her club, backed by Sue Ridley in third, and Sue Durham (13th) to the team title for the first time since 1986.

Kilmarnock's Donna Rutherford (Loughborough) came through to finish leading Euro-junior in seventh, and there was a fine veteran run in ninth place by Falkirk's Jan Stevenson.

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Les Jones

26a, Allnvaile Road, Prestwick.

SIR - It was with great sadness that I heard of the death of Les Jones.

No doubt there will be official obituaries. However, as a punter who met Les I just wanted to write this.

By early spring of 1988 I had in place a plan to run three marathons in consecutive days - Rotterdam, London, and Boston.

Near disaster struck when it was discovered that Rotterdam had changed days, thus clashing with London. It was suggested I look for another marathon instead Rotterdam.

Iknew of course that none existed although the Belfast Half Marathon was due to take place on the Saturday - but would they let me run it twice?

Doug Gillon, of The Herald, got through a lot of red tape by contacting Les Jones personally. He was then the "Bob Dalglish" of the race.

Les, typically as it turned out, was very enthusiastic and assured me that if it was possible Belfast would accommodate my dream.

I never did get the full story, but you can imagine the cajoling and convincing that went on behind the scenes to allow a runner to complete a second lap on his own!

His knowledge and interest at getting things right for the athlete were clearly evident in my experience.

He arranged a police motor-cyclist to clear my way through Belfast city centre. He laid on a pedal cyclist to outline the route. To prevent me from dehydrating he even got the cyclist to be my mobile feed station.

At the end of the race Les encouraged me and started the psyching up that I needed for the next 48 hours.

These traits, looking after the minute detail, knowing runners' needs, and his knowledge of the psychology of sport, carried him to his success as British Athletics' team manager.

Imet Les Jones, twice (more) after this, both times at the London Marathon exhibition. Browsing, just like any other interested onlooker and totally anonymous in the crowd, he (by then team manager) came up to me interested and enthusiastic.

Whenever I recall that weekend, especially the Belfast leg, I think fondly of Les Jones.

The news of his death only confirms in my mind his smile, his affection for athletics and athletes. He was one athletics official who was not there for the "freebies".

Simply, he was a lovely man.

Raymond Hubbard

Women come first with SportAge

Rutland House, 38-42, Call Lane, Leeds.

SIR - Carol Anne Bartley's letter in the March issue of Scotland's Runner highlights the common practice of race organisers treating male and female runners unequally.

I hope Carol noticed the advertisement in the same issue (p48) for the SportAge women only race series in aid of Help the Aged, including a women only race in Edinburgh on Sunday May 3.

Encouraging women, and especially first time runners, to enjoy running is the aim of each race; and our consideration goes further than awarding five age category prizes. We supply free training advice and arrange creches, toilets, suitable changing facilities, and aerobic warm-ups; the Edinburgh race included.

SportAge recognise women runners' achievements (we always provide medals for all participants) and so pursue a policy of equal prizes in our mixed races.

We can only expect sporting commitment from women runners when we have demonstrated the same level of commitment to organising congenial and considerate events for them.

Jon Collins, SportAge.

Report gives the wrong impression

8, Craighannoch Road, Wormit, Fife.

SIR - I would like to correct an impression given by a report on the Scottish Amateur Athletic Association agm which appeared in the February's Scotland's Runner.

Despite the fact that one of our delegates appears to have voted against the principle of forming an SAF, the other three quite correctly reflected the Scottish Cross Country Union's considered opinion in favour of the formation of the new body.

The SCCU are also in favour of a joint Cross Country/Road Running Commission.

J E Clifton, General Secretary, SCCU.

Sex ratio theory may be valid

Department of Physiology, University of Glasgow, University Avenue, Glasgow.

However, only 39 returns were useable. These covered a total of 83 children. Four other returns did not state the sex of the children, and two were from women!

There is a strong possibility of bias as the responses were voluntary, i.e. only those runners who had more female than male children may have replied.

Hence, as there were so few respondents, and a possibility of bias, these results indicate no more than that there may be some truth in Colin Shield's theory.

As part of my research project, I intend to visit running clubs and interview as many athletes as possible. In doing so I hope to get a much larger sample and also eliminate any bias in the responses.

Des and I would like to thank very much all the runners who did reply to the questionnaire, and we will keep you informed of the results of our research.

Eddie Crawford

Women run in spirited fashion in Moray



92, Pluscarden Road, Elgin.

I am delighted to note however, Carol does recognise that ladies do enjoy spirits!

Perhaps the sample photographs of last year's prize winners will convince her that in the Highlands a great many lady runners, run with the right spirit!

Carol, I would be delighted if you introduce yourself to me at this year's The Macallan Moray People's Marathon on August 2.

W.G. Elliot, Chairman, The Macallan Moray People's Marathons.

Seeking Ian McCafferty

39, Cloan Crescent,
Bishopbriggs,
Glasgow.

SIR - I am catalogue editor of the Alba Stamp Group which is a society for collectors of all things Scottish and philatelic.

We have discovered a stamp picturing Ian McCafferty. This happened purely by chance, when one of our members recognised the photograph from which the stamp was produced. The stamp is for the 1980 Olympic Games in Moscow, but we believe that the photo is from the Commonwealth Games in Edinburgh in 1970.

We would be grateful if anyone could fill us in with further details of Ian McCafferty. At present we know only that he took part in the 5000m in the aforementioned Commonwealth Games, taking silver (Ian Stewart also running for Scotland took gold.)

Bruce Allan

* Ian McCafferty is working as a porter at Law Hospital.

DOUBLE STANDARDS

73, Syme Place,
Rosyth,
Fife.

SIR - The Pearl Assurance Games in the Kelvin Hall were a great success with some superb athletics.

However, it did highlight once again the double standards of officialdom. John Regis and Colin Jackson were quite clearly outside their lanes and should have been disqualified.

Is there one rule for the superstars, and one for the rank and file? Or is it just politics, similar to the Russian affair in the European Cup?

John Wands

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The Scottish Motor Neurone Disease Association exists to help sufferers lead as normal a life as possible. We cannot cure one of the most dreadful diseases known to man but with your help we can provide care in the patients home and supply aids to daily living where appropriate.

Please help us in our work of supporting patients and carrying out research into this illness by running for us in your next race.

Send for sponsor forms and our vest logo to:
Diane Jarvis, Sponsorship Administrator,
Scottish Motor Neurone Disease Association
(S.M.N.D.A.),
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GLASGOW G1 5LS
TEL. 041 - 552 0507.



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The importance of TACKLING TACTICS

Derek Parker outlines the essentials of tactical preparation and stresses the importance of taking heed of them before competition.

TACTICS and the setting of targets are vital aspects of racing. You should never take part in a competition without ascertaining your objective and how to achieve it. This applies to athletes of all levels of ability.

Basically, there are two approaches to a race. The first is to attain the highest possible placing in a contest. This can range from winning an Olympic gold medal to not finishing last in a mass-participation event involving hundreds of contestants.

The second approach is the recording of the fastest possible time which the individual athlete is capable of. This can range from setting a world record over a specific distance to coming in last in a mass participation event held over a hilly course on a windy day - yet still achieving a satisfactory time by one's own standards.

In citing these examples, I have drifted from one end of the athletics spectrum to the other. From the sublime to the ridiculous, some cynical observers might say. But the message is clear. Irrespective of ability, all athletes must have an objective when they enter a race.

How best to aspire to that objective will determine the race tactics. Objectives and tactics must be specific to the age, experience, fitness, and current performance level of each athlete.

Someone capable of running 800 metres in 1:45 could realistically aim for an Olympic gold medal over that distance. Someone else whose 800 metres personal best is 3:05 would have a race target of dipping beneath the three-minute barrier. Targets must be realistic and based on current racing and training performances - and definitely not on wishful thinking or delusions of grandeur.

Obviously there are occasions when the two approaches to racing will overlap. Athletes frequently have to run personal best times to achieve their highest-possible



Yvonne Murray waits to pass Paula Fudge in the closing stages of the 5000m in the 1983 UK Championships.

placings. Similarly, the attainment of a high placing frequently results in an athlete exceeding his or her own wildest dreams and reducing a

previous personal best by several seconds or even minutes. Usually, however, most competitors enter races with a time goal OR result

goal uppermost in their minds.

There are several reasons why an athlete would emphasise a time goal in a competition. These include (1) the setting of personal best times; (2) the establishment of national, club, or school records; (3) achieving a high placing in ranking lists; and (4) qualifying for team selections and inclusion in major events such as world, national, county, or school championships.

The most reliable method of achieving a time target is to run as close to even pace as possible. This is more economical in terms of energy expenditure than running at varied speeds during races which is very physiologically demanding.

Thus, an athlete aiming to break 13.45 to qualify for possible selection for a major 5000 metres event would hope to run each lap in slightly less than 66 seconds to attain his target. Simple arithmetic tells us that 5000 metres in 13.45 is the equivalent of 12 x 400 metres in 66 seconds + 1 x 200 metres in 33 seconds with NO recovery between any of the repetitions.

A similar approach would be adopted by an athlete hoping to run 10 miles in 55 minutes. Each mile would have to be covered at an average pace of 5:30 for the race target to be achieved. Sometimes, however, other matters have to be considered when a time target is the objective.

The athlete must, for example, be aware that even-paced running is not synonymous with even-effort running. As the athlete tires, he or she will have to work harder at maintaining an even pace. Likewise, the effect of uphill and downhill sections, as well as headwinds and tailwinds, must be taken into consideration when formulating the race plan to achieve a time target. This will mean that some sections of the race will have to be run faster than others to compensate for adverse environmental, climatic, and geographical factors.

Generally speaking, it is a mistake for athletes to run the first part of a race at faster than average pace in an attempt to give themselves a 'time-buffer' while fresh to compensate for slowing down later. While this tactic has been successfully used by highly experienced, elite-standard athletes, it is generally disastrous for a less-



"Most 800 metres' races are won or lost in the last few strides."

fit and less-experienced counterpart who usually runs into insurmountable oxygen debt and glycogen depletion, causing him or her to grind to a halt and possibly being forced to drop out of a race.

Athletes aiming for time targets must run their own race at their own predetermined pace. It is important not to tag onto anyone else then find that he or she has been running too fast or too slow, causing you to slow down later on as a consequence of fatigue or finding you have lost so much time in the early stages that it can never be subsequently regained.

The acquisition of sound pace judgement skills should provide the confidence to run at your own optimum pace, irrespective of what your fellow-competitors are doing. To develop this awareness, you will have to train at race pace over various distances in the weeks leading up to your time-target race.

Thus, the athlete hoping to run 10 miles in 55 minutes will tackle sessions such as 5 x 2 miles in 11:00 with around 60 to 120 seconds

recovery or 2 x 5 miles in 27:30 with 2 to 5 minutes recovery just to get used to the intended pace during competition. The man aiming to run 5000 metres in 13:45 will run sessions such as 12 x 400 metres in 66 seconds with 20 to 30 seconds recovery or 5 x 1000 metres in 2:45 with 45 to 90 seconds recovery, depending on fitness, age, experience, and phase of the training year.

Athletes aspiring for a high placing, including victory, in a race will be less concerned with their times. It may be, of course, that to attain the best possible placing, an athlete will sometimes have to record a personal best time. Even here, however, the race result will be given priority rather than the actual time. Result goals are particularly important in major championships or in selection races where an athlete wants to finish in, for example, the top six to be chosen for events such as the World Cross Country event.

Athletes aiming for result goals in races must be fully prepared to commit themselves 100 per cent to their objectives and be absolutely convinced of the legitimacy and reality of what can be a very physiologically and psychologically demanding task. They must be prepared to gamble on occasion in certain race situations and they must always be very positive in their attempts to influence the final outcome.

Much will depend on whether the athlete regards himself as a front-runner or a back-runner. If he is confident that his finishing burst is faster than everyone else's, then his race plan is simply to maintain contact with the leaders to the point where he unleashes his devastating finishing sprint which, he hopes, will enable him to achieve the placing of his goal.

The faster the overall pace, the longer the athlete will have to wait before making his finishing sprint. Otherwise, he may find he has started too soon and that he slows down before the finishing line because the earlier pace took more out of him than he imagined. If the early pace is not too fast, the athlete can make a longer finishing run for home, particularly if he suspects one of his rivals also has a fast finishing capacity.

Most 800 metres' races are won or lost in the last few strides because at that point all the competitors are

slowing down as a consequence of oxygen debt and lactic acid accumulation. The victor is usually the one who decelerates the least. Conversely, longer events such as the 10,000 metres, the half-marathon, and marathon are invariably won by a superbly-fit, mentally-committed athlete making a long finishing run from far out.

As well as being physiologically-damaging to opponents, it puts them in the dilemma of having to decide whether to stay with the increased pace or hang back at the original tempo, concede victory, and settle for one of the minor placings.

Having made his break, the athlete who takes the lead in the closing stages must literally and figuratively never look back. He has thrown down the gauntlet and once he has gone into the front he must maintain the effort to the finishing line. Otherwise, if the opponents see him slowing down, they will realise he has made his move too soon and be encouraged to set off after, and probably overtake, him.

So, basically, the objective of the front-runner in a result-goal situation is too set as fast a steady pace as possible for as much of the race as he or she can in an attempt to nullify the finishing sprint of a faster



One eye on the clock - Mark Kirk winning the 1500m at last year's Indoor Championships.

rival. The objective of the athlete with the fast finish is to keep in contact with the front-runner as closely as possible, responding positively to every subtle or dramatic increase in pace.

Both the fast-finisher and the front-runner will have prepared for the situation by having used varied-pace training sessions such as including 30 or 60 seconds surges every fifth, sixth, or seventh minute in six to 12-miles runs - or alternating efforts at 5000 metres pace with efforts at 1500 metres pace e.g. 400 metres at 5K pace (20 second recovery) + 200 metres at 1500 metres pace (30 seconds recovery) x 8 sets. The list of training sessions is limitless and each specific workout should be designed to prepare the athlete for potential race situations.

But whether you are a front-runner or a sprint-finisher, or whether you are aiming for a time goal or a result goal, your racing and training programmes must have a clear objective and be carefully planned. Nothing should be left to chance.

DEREK PARKER'S SCHEDULES

EXPERIENCED

Week One

Sunday: 90 to 120 mins grass cc
Monday: 75 to 90 mins fartlek inc 12 x 60 secs fast (jog 30 and 60 secs alternately) + 2 x 30 secs full effort (60 secs jog) 3 mins after final 60 secs.
Tuesday: 5 miles/30 mins road run.
Wednesday: 10 miles steady road run.
Thursday: 3 x 2000 metres at 5K pace (75 to 120 secs recovery).
Friday: Rest or 30 mins easy rec run.
Saturday: 12 to 15 miles steady.
Morning runs of 20 to 30 mins four to six times weekly can be done.

Week Two

Sunday: As Week One.
Monday: 75 to 90 mins fartlek inc 30 secs fast (30 secs jog) + 45 secs fast (45 secs jog) x 12 sets.
Tues, Wed, and Friday: As Week One.
Thursday: 10 x 300 metres at 1500 metres pace (45 to 60 secs recovery).
Saturday: Race or 12-15 miles steady.
Morning runs as Week One.

Week Three

Sunday: As Week One.
Monday: 75 to 90 mins fartlek inc 2 mins at 5K pace (30 seconds jog) + 30 secs at 1500 pace (45 seconds jog) + 3 mins at 5K pace (60 seconds jog) x 3 sets.
Tuesday, Wednesday, and Friday: As Week One.
Thursday: 5 x 1000 metres at 5K pace (45 to 75 secs recovery).
Saturday: 12 to 15 miles steady.
Morning runs as Week One.

Week Four

Sunday: As Week One.
Monday: 75 to 90 minutes fartlek inc 30 x 30 secs fast (20 and 40 seconds recovery jogs alternately).
Tuesday, Wednesday, and Friday: As Week One.
Thursday: 8 x 600 metres at 3K pace (45 to 60 seconds recovery between each).
Saturday: Race or 12-15 miles steady.
Morning runs as during Week One above.

CLUB ATHLETES

Week One

Sunday: 75 to 90 mins grass/cc running.
Monday: 60 to 75 mins fartlek inc 10 x 60 secs fast (jog rec 30 & 60 secs alternately).
Tuesday: Rest or 20 to 30 minutes easy running.
Wednesday: 5 to 8 miles steady.
Thursday: 3 x 2000 metres at 5K pace (120 to 180 secs recovery).
Friday: Rest.
Saturday: 8 to 12 miles steady.
Morning runs, if done, should be of 20 mins duration two to four times weekly.

Week Two

Sunday: As Week One.
Monday: 60-75 mins fartlek inc 12 x 45 sec fast (jog rec 30 & 45 seconds alternately).
Tues, Wed, and Fri: As Week One.
Thursday: 8 x 300 metres at 1500 metres pace (60 to 75 secs recovery).
Saturday: Race or 8 to 12 miles steady.
Morning runs as Week One.

Week Three

Sunday: As Week One.
Monday: 60 to 75 mins fartlek inc 30 x 20 secs fast (jog 20 and 40 seconds recovery alternately).
Tuesday, Wednesday, and Friday: As Week One.
Thursday: 5 x 1000 metres at 5K pace (75 to 105 seconds recovery).
Saturday: 8 to 12 miles steady.
Morning runs as Week One.

Week Four

Sunday: As Week One.
Monday: 60 to 75 mins fartlek inc 6 x 2 mins fast (60 and 120 seconds recovery jog alternately).
Tuesday, Wednesday, and Friday: As Week One.
Thursday: 6 x 600 metres at 3K pace (60 to 75 second recovery).
Saturday: Race or 8 to 12 miles steady.
Morning runs as Week One.

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The season ahead

Scotland's Runner takes a look at the exciting contests on offer in the coming months and reviews the major developments to have taken place in our stadia over the past year.

ONE stadium which looks as if it will be particularly busy over the summer months is Wishaw.

Over the last year the two main clubs in the Wishaw area to have used the stadium - Bellshill and Motherwell - have amalgamated, forming a new club known as Lucozade Motherwell District Athletic Club.

Under the direction of coach Tommy Boyle and Motherwell District Council's Sports Development Committee this new club - also based at the stadium - has initiated a development policy aimed at encouraging as many under-16s as possible to take up athletics.

Central to the policy has been the introduction of a special Saturday morning club for under-16s only. This has had regular attendance levels of between 150 and 200 since it was begun last year and looks as if it will have no trouble in raising the long-term interest amongst local youngsters it was set up to encourage.

In fact, such has been the success of the stadium's Saturday morning activities that the possibility of a follow-up scheme has already been mooted.

"The district council is thinking about using the facilities adjacent to the stadium for indoor athletics," says stadium manager Gregor Yeoman. "This year it will probably consist of one major tournament but in coming years there is the possibility of a league and pilot schemes to promote this in other halls throughout Motherwell District."

With its special Saturday morning sessions and a club night for members of all ages during the week, Lucozade Motherwell is Wishaw Stadium's main client. However, according to Gregor Yeoman, this does not mean that access to the facilities is limited to the general public. On the contrary, every effort has been made to ensure that this is not the case.

"Even on Saturday mornings



Action from the final of the 300m Hurdles at the 1991 Scottish Schoolgirls Championships at Crownpoint, where the track is currently being re-laid.

and on the club night the stadium is open to everyone and anyone who wants to use it," Gregor Yeoman explains. "The club's coaches are being paid by Motherwell District Council and not the club itself, the idea being that club nights are therefore an open forum where anyone can come along and get the benefit of coaching if they want it. It's all part of the same philosophy which lead to the Saturday morning club - to get as many people as possible involved in athletics and

to prevent exclusive cliques building up."

Adults can take advantage of this "open forum" for the modest sum of just £1.40 - the standard track entry fee. For children the cost is just 70p.

A variety of events will be taking place at the stadium throughout the summer including a number of Scottish and North West Athletic League matches, a Bank of Scotland Women's League match on April 26 and the Lanarkshire Schools

Track and Field Finals on June 11.

One of the major events of the year to be hosted by Wishaw will be the SAAA 10 Mile Road Race which will start and finish at the stadium. Running alongside this on the same day - May 31 - will be a 5K fun run, a 3K schools race, and a "kiddies" 1K race. All will be open to both males and females.

Another event at which a large turnout is expected is the Wishaw Disabled Sports Club's annual track and field Games. An open event, it

is expected that disabled athletes from all over the country will make the journey to compete in the games, if previous years are anything to go by.

Staying in Lanarkshire, Coatbridge will be playing host to its usual combination of league matches in 1992 - the Scottish Men's League, the Scottish Women's League, the Young Athletes League, and the Scottish and North West League all featuring prominently on the stadium's calendar of events.

The season kicks off, however, with City of Glasgow AC's club championships on April 5. Along with Airdrie Harriers, City of Glasgow are the most regular users of Coatbridge's eight lane all-weather track, one time users Monkland Harriers having been disbanded.

A new weights room comprising five single station units with loose weights and bars is the latest addition to the facilities on offer at Coatbridge.

Carved out of part of the lounge area located in the pavilion, the new facility does mean that there is less space for meetings and functions at the stadium than before, but doubtless this will be of little concern to the club members who train there!

Spectators will be glad to know that the addition of the new weights room won't effect the erection of a canopy around the pavilion on days when league matches are held - a feature which has helped to compensate for the stadium's lack of a grandstand in years gone by.

"The canopy will still be there," laughs stadium administrator Jim Brown. "Unfortunately, we will have to rely on it for some time to come because in the present economic climate I don't think there is much likelihood of us getting a grandstand."

At Grangemouth Stadium manager John Fairgrieve reports "no substantial changes" to the stadium or its facilities. However, competitors will no doubt be pleased to hear that as part of an ongoing policy to replace all equipment, the last couple of years have seen new pole vault and high jump stands plus landing areas introduced at the stadium. Over the next year it is hoped that all the stadium's hurdles will also be replaced.

Another improvement to the stadium is the upgrading of the partial floodlighting, making winter



Top Scottish sprinter Aileen McGillivray winning the 100m at the 1990 Scottish Championships.

training a lot easier.

Because of its convenient proximity to both Edinburgh and Glasgow, Scotland's oldest all-weather track is heavily used. As John Fairgrieve explains, Grangemouth's central location makes an ideal meeting point for Edinburgh-based athletes and Glasgow-based coaches and vice versa.

Equally, clubs from all parts of southern Scotland find it an ideal place to hold training evenings and club championships. City of Glasgow AC will be holding their club championships in Grangemouth this year.

A stadium membership scheme operates under which adults pay £30 a year, 12 to 17 year olds £16.50, and nine to 12 year olds £10. Unlike at many stadiums, taking out membership means that the athlete does not have to pay any entry fee on top of this.

Also handy is the fact that clubs using the stadium don't need to block book.

Tuesdays and Thursdays are left

totally free of football matches or any other activity which might interfere with those wishing to use the athletics facilities.

"We also have a wall chart which states what is going on on what night of the week," adds John Fairgrieve. "This means athletes know whether it's worth coming to the stadium on any given evening."

This year, Grangemouth has a

total of 91 bookings for its track and field facilities between April and October. These kick off with the Scottish athletics final of the inter-town Sportshall competition on March 7.

Also included are: the Scottish Schools Pentathlon and Relays Championships on June 13; the Scottish Schools Boys Championships on June 20; Falkirk Highland Games on June 21, and the SWAAA Under 20 Championships on June 28.

Of course, this is only a small sample of what is on offer at Grangemouth this coming season but it should give some idea of the wealth of events being held there.

At Crownpoint Stadium the all-weather track is being replaced between March 2 and May 29 meaning events at the popular Glasgow venue will be thin on the ground this year.

"There is some damage on the track surface and the structure beneath is decaying," explains the stadium's manager Tom Coll. "Because of this lanes one and two were patched up several years ago but obviously this was just a short-term measure - we needed to do something more substantial eventually."

Despite the laying of the new track the Scottish Schoolgirls Championships, the East v West match, and a Women's League match will all go ahead, on June 20, August 16, and September 6 respectively.

However, the Scottish Championships which were held at Crownpoint in 1990 and 1991 will be going to Meadowbank.

"Obviously we were very pleased to have the Scottish Championships and would like to have

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them again," says Coll. "We need more events of that calibre."

As the first person in the newly created position of facility manager at Crownpoint, Coll will be taking up the cause of attracting more events to the stadium.

Long-term he hopes that if he does this successfully he will be able to gather support for the idea of a stand at the stadium - something, no doubt, which the spectators who have braved the rain at Crownpoint will be glad to hear.

Events may be thinner on the ground at Crownpoint than Coll would like but as a training facility there can be few tracks so heavily used.

"An enormous number of clubs use the facility," Coll explains. "Victoria Park, City of Glasgow, Shettleston, Clydesdale Harriers, Cambuslang, and Maryhill Harriers are just the regular users."

Entry to the track costs £1.15 for adults and just 60p for children, but it is worth bearing in mind that any athlete who has competed at district level or above can apply for a talented sports performer card which gives him or her the leeway

to enter any Glasgow district sports facility - including Crownpoint - free of charge. Obviously, those applying should be from the Glasgow area and be regular users of Glasgow facilities.

Coll is aware that the competition between stadia to host events is now greater than ever before - the number of stadia in the west of Scotland with all-weather tracks and full facilities being significantly bigger than, say, ten years ago.

At Caird Park in Dundee the new financial year will see significant improvements to the six-lane all-weather track, money having been set aside for the replacement of worn areas on the inside lanes and for the curve edging.

This will finish off repair work started two years ago when the straight was touched up. Another improvement will be the touching up of the long jump run up.

Having only six lanes the track at Caird Park is used by local clubs - mainly Dundee Hawkhill - for training purposes.

There are, however, a number of local events scheduled to take place at the stadium as well as the

regular quota of league meetings. The Bank of Scotland Women's League will be holding meetings on April 26, June 14, and September 6 and there will also be the Dundee Schools Athletics Championships taking place in June 22 and 23. Other events include Dundee Highland Games on July 5, a variety of Boys' Brigade, Girls' Brigade, and ATC athletics meetings, and Dundee Hawkhill club championships on September 20.

Last year a £500,000 scheme to upgrade facilities at Greenock's 440 yard Ravenscraig track was finally completed and consequently the Inverclyde town is now able to host the type of athletics events which most other Scottish outdoor stadiums feature regularly.

In an effort to see that the new improved Ravenscraig is used to its full potential, Inverclyde Athletics Initiative is presently working in conjunction with the local authority to train personnel to assist with the administration of track meetings.

Meanwhile, work to bring the grandstand up to the standard necessary for it to comply with legal requirements is shortly to start.

The net effect is that over the summer of 1992 the bulk of those using the athletics facilities at Ravenscraig will be local schools and clubs, with bigger events following next season when the necessary personnel are in place.

At Meadowbank in Edinburgh the high standard of the track and field facilities is in no doubt, the stadium playing host to major competitions in the outdoor season.

This year, events taking place include: Lothian Special Olympics and a Caledon Park Harriers OGM on June 10; a Caledon Park Harriers 10K road race on June 14; a British Athletic League division one meeting on June 20; the SAAA/SWAAA Scottish National Athletic Championships on July 3 and 4; further Caledon Park Harriers OGMs on July 8 and August 12; a Panasonic Scottish Athletics League Match on August 2 and an Edinburgh Athletic Club British League Division 2 match on August 22.

In short, Meadowbank like all the other stadiums we have mentioned will be providing us with no end of quality athletics over the coming outdoor season.



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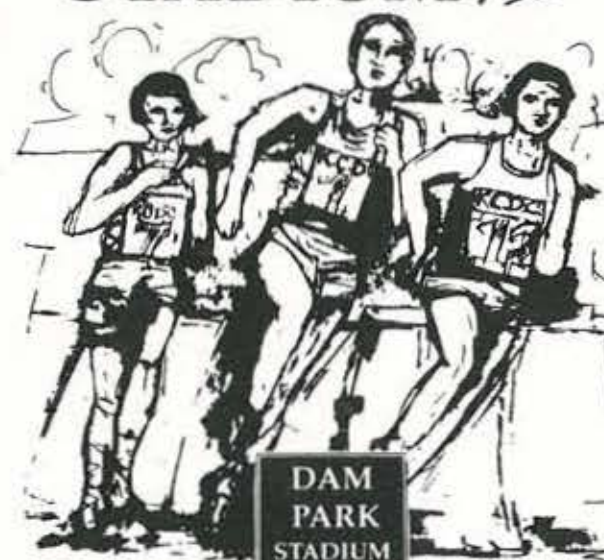
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Country life

Gordon Ritchie reports on the glorious and not-so-glorious aspects of the men and women's National Cross Country Championships.

SATURDAY afternoon at the beach conjures up images of bucket and spade, sunglasses and ice cream. When Saturday is at the end of February and the beach is Irvine, the images change to wellies and umbrellas.

The water poured from the skies, the wind howled off the river and athletes and spectators alike wondered why they had ventured out of doors on such a foul day.

This was my first experience of the men's national cross country championships and my initial reaction was that it would be my last. That, however, was before the start of an outstanding senior race.

The masses sped off at the gun, with favourites Neil Turnbull, Tom Hanlon, and Tommy Murray going straight to the front. Bobby Quinn tucked in behind, while Chris Robison sat off the pace.

By the end of the first lap, Hanlon had disappeared and Murray and Quinn were pressing ahead. Robison had moved effortlessly through the field to third, around ten metres

behind the leaders, with Turnbull further back in fourth.

At this stage it promised to be a fascinating and close race, but on the small loop on lap two Murray wound up the pace and left Quinn behind. He extended that lead to 80 metres at the finish, running the last four miles on his own and never looking like loosening his stranglehold on the race.

As Murray sped off, Kilbarchan's Quinn found himself in no-man's land for a time, but was soon caught by Spango's Robison. This duel was the centre of attention for much of the race, with both men trying to break clear before Robison's decisive burst at the top of the final hill.

In addition to winning the individual title, Murray led his new club Cambuslang to victory in the team event, thus retaining the trophy.

The much criticised Racing Club were missing too many top athletes to mount a serious challenge, with Peter Fleming and the Robson boys

failing to make it to the start line and Hanlon failing to make it to the finish line.

In the junior men's race, Phil Mowbray took the title and headed the victorious Edinburgh University team. Like Murray in the senior event, he dominated the race and stretched away from the opposition to win comfortably.

It was a similar story in the youths race, where Craig Clelland's victory was made easier by the decision of a number of his rivals to compete in the school's indoor championship the previous day.

All in all, the quality of the races was high enough to make spectators forget momentarily the atrocious weather, but only momentarily. I may return next year, but only if they hold the championship indoors!

Below: Tommy Murray celebrates victory with coach Dave Cannon. Above right: Angela Foster, winner of the intermediates' race.



LIZ McColgan, Hayley Haining, Karen Hutcheson, Lynne MacIntyre, Yvonne Murray, Annette Bell - the absentee list read like a Who's Who of Scottish distance running.

The only name missing from the list was Glasgow University's Vikki MacPherson, and she started the race as favourite to win her first national senior title at the women's cross country championships.

The event was held at Falkirk's Callander Park and the women enjoyed fairer weather than their male counterparts.

There was something akin to a cavalry charge at the start as the leaders tried to find a good position to take the first corner, which was muddy from overnight rain, and MacPherson won the race to the turn, and was never headed thereafter as she lived up to the pre-race billing.

Edinburgh Woollen Mill runners Alison Rose and Susan Ridley and Pitreavie's Vikki Vaughan were left to dispute the other placings, with Rose finishing clear in second and

Ridley and Vaughan swapping places before the Edinburgh girl clenched third.

With two girls in the first three, EWM easily regained the team trophy. Glasgow University could not find the strength in depth to retain the title without Haining.

Shortly after the finish, MacPherson had enough energy to joke with all the well wishers, including one photographer who asked her to adopt the traditional visitor's pose. "I'll look stupid - I'm not doing that," came the swift reply, and so that is one picture that will not appear in the magazines.

The younger age-groups were dominated by English athletes. The intermediate race promised to be a fascinating encounter between Angie Foster and two young Scots - Isabel Linaker and Alison Potts.

Foster, however, proved again that she was too strong for the home athletes and Linaker showed she had recovered from injury by finishing second, although Potts very nearly caught her in the last half mile.

Alison Cheyne and Gillian Fowler (who had won the school's 800m two days before) brought the City of Glasgow team victory by joining Potts in the top twenty.



The course was less of a challenge than Irvine, much to the relief of the runners, but it was spoiled by a lack of matting on some of the pathways. The dry conditions made it less hazardous, but if it had rained the concrete stretches would have become dangerous for the runners.

The women's event was much more attractive than the men's, and, although fiercely competitive, everyone seemed to enjoy it more than the people at Irvine the previous day, but that may be attributable to the weather.

At least one piece of history was made. After running the title MacPherson was asked to go to the presentation area for a drink.

She said she had to go for a run (what had she been doing over the 3.5 mile course?). The piece of history? This is the first time she has ever refused the offer of a drink. See what happens when you win a GB vest!

Left: Vikki MacPherson on her way to victory in the senior women's race making it two years in a row that the title has been held by a Glasgow University student.



Above: Craig Clelland, winner of the youths' race. Left: It's all too much for one young competitor from Helensburgh.

Still going strong

Bellahouston Harriers are celebrating their hundredth birthday. Margaret Montgomery previews the celebrations.

SURVIVING to the grand old age of 100 is a fine achievement and Bellahouston Harriers, which is celebrating its centenary this year, has managed to do it in great style, amassing credit after credit to its name and retaining a high profile in Scottish athletics despite the emergence of other clubs and the relative downturn in the popularity of road running in recent years.

Just to jog some memories, it was Bellahouston who won the Edinburgh to Glasgow Road Relay in 1936, 1938, and 1958. It was also Bellahouston which won the Scottish Athletic League in 1966, the team prize in the national cross country championships four times between 1913 and 1959, and the national road relay title in 1985.

It was a Bellahouston Harrier who was the first Glasgow man to go to the Olympics - John McGough who represented Britain in the 1908 1500m. More recently, Bellahouston was the home club of Frank Clement, fifth in the 1976 Olympic Games in the 1500m.

The Glasgow club has also played a leading role in the administration of Scottish athletics over the past hundred years, providing three SCCU presidents - Willie Lawn (1964-65), Brian Goodwin (1976-77), and William Robertson (1986-87). To add to this it has also provided one SAAA president in the shape of Robert Taylor, who held office between 1947 and 1948.

An illustrious past but, whatever its former glories, the club remains firmly rooted in the present and plays as vital a part in Scottish athletics as it ever did.

In the recent past - during the last 10 years - Bellahouston Harriers has organised many events, SCCU as well as club events. Among the most recent was last year's SCCU West District Championships.

The club also remains quite prominent in the competitive side of athletics with a number of new stars having risen to prominence. James Stoddart, who was the first

Scottish jumper in the high jump competition at last year's national championships, is one of these. His pb of 2.11m has been enough to secure him a place in the British under-23 training squad, something only two other British male high jumpers of the same age can boast! Andy Daly, currently out of the running due to injury, is another example. A marathon runner capable of 2-16.00, he has represented Britain on a number of occasions.

With membership currently standing at around the 100 mark, Bellahouston may not be as big a

to overcome. Like many clubs Bellahouston was badly hit not just by the decline in the popularity of running following the marathon boom but also by the industrial action taken by teachers which affected after-school activities. The difference in Bellahouston's case is that it has not been able to attract youngsters back again since the industrial action stopped.

"It's easier to draw youngsters if you're a community-based club," Joss explains. "We are not really identified with any particular community within Glasgow - just



Above: Members of Bellahouston Harriers in 1928.

club as it once was. However, that goes for virtually all clubs with a strong tradition in road running. As club secretary Campbell Joss acknowledges, the running boom of the 1980s which inspired men and women to tackle marathons in their thousands is over.

"There is no point in comparing the club now with the club in the mid 1980s," he says philosophically. "The popularity of running has gone down, but it might well go up again. In the 1970s we underwent a very lean period only to be inundated with members again in the eighties."

Joss, however, acknowledges that the club has some unique difficulties

the south side and that's a big area."

Joss's point is underlined when you consider where Bellahouston Harriers' training is based - the NSB Sports Club in Cowglen Park. Having been at Ibrox, Pollokshaws Baths, Govan Baths, and Nethercraigs, the club has had some weird and wonderful facilities to work out of in the past and as such the NSB Sports Club is ideal.

The problem remains, however, that it is not very accessible and certainly can't be immediately identified with a particular community within the city. Being off the beaten track it also brings problems of personal safety.

"We don't have many women members," says Mr Joss. "And I can't say that we are in a position to encourage those who phone up and express an interest. Unless there was a group for her to go out with - which there isn't - it wouldn't be safe for her in our 'home' area."

With the club very much in the limelight again through its centenary celebrations, the chances are that membership might be receiving a boost rather quicker than Campbell Joss envisages. Apparently 1992 has already seen a number of former members rejoining. Who knows what might happen when the celebrations really get underway!

As befits a club with a fine list of achievers and achievements in its past, the centenary celebrations promise to be rather special. On March 27 Glasgow District Council will be providing the club with a civic reception in the City Chambers. The expected number of guests will be around 300, many former Bellahouston Harriers, some of whom were running for the club as long ago as the 1920s.

Of more general interest is a series of centenary road races,



Early club members and officials.

consisting of 5K, 8K, and 10K races scheduled to take place on the last Wednesday of April, May, and June respectively. The races which are being sponsored by British Airways will be held in Pollok Park - a traditional haunt of the Harriers.

Also on the agenda is an inter

club race against Springburn Harriers, an idea which seems particularly apposite because it too will be celebrating its centenary before long - in 1993 to be exact. This will be followed up later in the year with a special dinner dance and the club's annual cross country

races which are expected to have some special, additional, features because of the centenary.

By the sounds of all this, Bellahouston athletes will need to look no further than their own club notice board to fill their social and sporting diaries for much of the year!

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Venue - POLLOCK PARK, GLASGOW.
Entry fee £9.00 for series of 3 races.

*Application forms from Bellahouston Harriers
c/o 53 Anchor Crescent, Paisley.*



February

9

Scottish YA Ind League, Inter District Final, Kelvin Hall

Boys: Youth: Match Result: 1, Pitreavie 39pts; 2, Irvine Cable 37; 3, Harmony 34; 4, Victoria Park 31; 5, Cambuslang 5; 60:1, J Wright (Pit) 7.50; 200:1, M Plumb (Har) 24.45; 400:1, C Young (VP) 50.59; 800:1, M Kelso (Pit) 1:59.43; 601:1, M Hendry (Inv) 9.01; 11:1, M Kelso (Pit) 1:70m; PV:1, K McVey (VP) 2.85m; LJ:1, M Rocks (Inv) 5.57m; TJ:1, M Hendry 11.60m; SP:1, L Newton (Har) 12.59m.

Senior Boys: Match Result: 1, Pitreavie 39pts; 2, Cambuslang 28; 3, Victoria Park 27; 4, Perth Strathay 27; 5, Irvine Cable 23; 60:1, B Watson (Pit) 7.43; 200:1, C Hopkins (Pit) 23.72; 400:1, B Watson (Pit) 53.04; 800:1, D McDonald (PSH) 2:00.79; 601:1, R Baillie (VP) 9.28; 11:1, M Pate (VP) 1.85m; LJ:1, B Watson 5.59m; TJ:1, T Slight (Pit) 11.10m; SP:1, B Robb (Pit) 14.74m.

Junior: Match Result: 1, Cumbernauld 40pts; 2, Airdrie 35; 3, Cambuslang 29; 4, Pitreavie 20; 5, Harmony 19;

60:1, M McMann (Cum) 7.83; 200:1, S Addie (Cum) 25.44; 400:1, G Murray (Air) 57.09; 800:1, G Murray 2:19.02; 601:1, S Buckner (Har) 10.22; 11:1, J Murray (Air) 1.50m; LJ:1, S Addie 5.52m; TJ:1, S Addie 11.66m; SP:1, A Smith (Air) 8.95m.

Girls: Inter: Match: 1, Lochgelly 36pts; 2, Harmony 24; 3, Result, Lasswade 24; 4, Spango Valley 23; 5, Victoria Park 20;

60:1, J Adair (Loch) 8.37; 200:1, D Allan (Loch) 26.79; 400:1, L McGarny (SV) 62.34; 800:1, D McNally (VP) 2:37.21; 601:1, L Shonhouse (Loch) 9.80; 11:1, L Brown (Loch) 1.71m; LJ:1, J Adair (Loch) 4.67m; SP:1, L Marshall (Lass) 8.17m.

Junior: Match Result: 1, Perth Strathay 32pts; 2, Harmony 29; 3, Airdrie 22; 4, Victoria Park 17.5; 5, Giffnock North 17.5;

60:1, R Hepburn (PSH) 8.02; 200:1, R Hepburn 26.66; 400:1, J Brown (Har) 2:29.64; 601:1, K Lennox (PSH) 9.88; 11:1, J Brown 1.40m; LJ:1, A Keane (Air) 4.54; SP:1, F Myles (Har) 7.54m.

Girls - Match Result: 1, Victoria Park 27pts; 2, Harmony 27; 3, Pitreavie 23; 4, Airdrie 19; 5, Cumbernauld 14;

60:1, K McGillivray (Har) 8.60; 200:1, K McGillivray 28.75; 400:1, J Lilley (Har) 2:33.68; 601:1, C McElkinney (VP) 10.62; 11:1, J Wright (Pit) 1.45m; LJ:1, L Howie (Air) 3.92m; SP:1, C Garden (Pit) 10.81m.

12

Scottish Universities Championships, Kelvin Hall

Men: 60:1, D Walker (HW) 7.1; 2, I Craig (St) 7.1; 3, Imode (AB) 7.2; 200:1, Walker 22.6; 2, B Holloman (St) 23.2; 3, H Kennedy-Skipston (St) 23.2; 400:1, I Priddy (D'oe) 51.2; 2, A Savage (ED) 51.2; 3, C Saunders (St A) 52.5; 800:1, E Clavert (St) 1:57.9; 2, K Leitch (HW) 2:00.0; 3, A Hamilton (HW) 2:00.5; 1500:1, A Russell (Gla) 4:05.3; 2, A Macbeth (St) 4:09.2; 3, D Sharkey (AB) 4:11.0; 3000:1, R Herries (AB) 8:45.7; 2, G Crawford (HW) 8:51.2; 3, A Moss (St A) 8:53.9; 601:1, G Smith (HW) 8.6; 2, F McGlynn (St A) 8.7; 3, N Connacher (Doc) 9.1; 4 x 200: 1, Ed 1:34.0; 2, Strath 1:34.3; 3, HW 1:34.9; 4 x 400: 1, Ed 3:34.7; 2, Ab 3:35.2; 3, St A 3:40.1; 11:1, A Simpson (ED) 1.90; 2, N Somerville (Ed) 1.85; 3, R Wild (Ab) 1.80; PV: 1, I Black (St) 4.30; 2, A Anderson (Gla) 3.60; 3, M Hunter (Ed) 3.60; LJ: 1, I Paget (HW) 6.57; 2, D Stephen (HW) 6.28; 3, F Harrison (St) 6.26; TJ: 1, I Paget 13.17; 2, H Watson (Gla) 13.11; 3, I Hall (Ab) 12.61; SP: 1, K Kobota (St) 12.90; 2, L Carter (Gla) 12.24; 3, D Allan (Gla) 11.31; 4 x 200: 1, Ed 1:34.0; 2, Strath 1:34.3; 3, HW 1:34.9; 4 x 400: 1, Ed 3:34.7; 2, AB 3:35.2; 3, St A 3:40.1;

Women: 60:1, J Fleming (Gla) 8.0; 2, N Barr (HW) 8.2; 3, S Richmond (Gla) 8.3; 200:1, J Fleming (Gla) 27.5; 2, G Lee (St A) 29.2; 3, C Hunter (St A) 29.6; 400:1, D Burdon (Gla) 59.0; 2, E Grant (HW) 61.6; 3, B Kruckels (ED) 65.4; 800:1, J Cliffe (Gla) 2:15.5; 2, B Kirkorian (Ed) 2:45.8; 1500:1, J Cliffe (Gla) 4:34.3; 2, A Potts (St A) 4:39.1; 3, C Fairweather (Gla) 5:13.0; 3000: 1, C Fairweather (Gla) 11:11.1; 2, M Jeffrey (Gla) 11:13.1; 601:1, S Richmond (Gla) 9.2; 2, K Saville (HW) 9.6; 11:1, B Philip (Ed) 1.60; 2(n), A Duncan (Gla) 1.70; 3, J Lowe (Ed) 1.35; LJ: 1, N Barr (HW) 5.45; 2, W Allison (Doc) 5.15; 3, S Stirling (Gla) 5.12; TJ: 1, N Barr (HW) 11.29; 2, H Markus (Gla) 10.59; 3, T Lowe (Ed) 10.26; SP: 1, K Saville (HW) 11.07; 2, H Markus (Gla) 10.94; 3, T Lowe (Ed) 10.38; 4 x 200: 1, Gl 1:52.9; 2, Ed 1:59.3; 3, Strath 2:04.7

14

Scottish CS Indoor Champs, Kelvin Hall, Glasgow

Men: 60:1, A Morrison (DSS) 7.4; 2, A Wrisberg (MOD) 7.4; 3, B Winning (Reg) NT; 200:1, S Rutherford (BT) 23.0; 2, A Morrison 24.1; 3, A Wrisberg 25.1; 400:1, S Rutherford 50.1; 2, D McLaughlin (MOD) 56.5; 3, A Carson (IR) 56.7; 800:1, C Young (Guest) 2:03.1; 2, D Scobie (DSS) 2:03.7; 3, R Currie (NSB) 2:07.3; 1,500:1, K Montimer (IR) 4:07.6; 2, S Begen (HMP) 4:21.5; 3, R Currie 4:27.2; 3,000:1, M Gormley (BT) 8:51.3; 2, R Thompson 9:32.3; 3, J Doyle (PO) 9:37.1; 601:1, B Winning 9.4; 2, A Wrisberg 9.8; 3, C Colquhoun (HMP) 11.4; 4 x 200R:1, Composite 1:36.8; 2, DSS 1:38.8; 3, H M Prisons 1:48.4; 11:1, G Wilson (DSS) 1.70m; 2, M Brown (DS) 1.65m; 3, B Winning 1.60m; LJ:1, B Winning 5.67m; 2, M Brown (DSS) 5.50m; 3, C Fleming (IR) 5.46m; SP:1, J Inglis (MOD) 10.68m; 2, J Hull (HMP) 10.47m; 3, C Colquhoun 10.43m.

Vets: 60:1, J Hull 7.8; 2, G Clement (IR) 8.8; 3, A Graham (IR) 9.2; 200:1, W Scouler 28.0; 2, A Graham 33.8; 800:1, W Scouler (BT) 2:14.6; 2, R Rotherford (BT) 2:15.7; 3, F Scanlon (DSS) 2:33.4.

Women: 60:1, L Dick (IR) 8.3; 2, B Penman (IR) 8.8; 3, L MacDonald (IR) 9.1; 200:1, L Dick 27.2; 2, L MacDonald 32.5; 3, A Graham (SO) 33.0; 800:1, C. A. Grey (SO) 2:19.8; 2, K Hancock (SO) 2:31.9; 1,500:1, C. A. Grey 4:45.4; 2, L Chisholm (IR) 5:06.4; 3, K Hancock 5:12.3; 4 x 200R: 1, In Revenue 2:06.6; 2, Scot Office 2:13.8; 11:1, B Penman + L MacDonald 1.20m; 3, L Dick 1.10m; LJ:1, L MacDonald 4.11m; 2, B Penman 4.08m; 3, L Dick 3.59m; SP:1, B Penman 10.38m; 2, L MacDonald 6.17m; 3, L Dick 5.74m.

Result: 1, Inland Revenue 103pts; 2, DSS 50; 3, B Telecom 38; 4, H M Prisons 34; 5, MOD 22.

15/16

Scottish AAA Combined Event Champs, Kelvin Hall, Glasgow

Senior Hept: (Order: 60m; LJ; SP; 110; 60H; PV; 1,000m): 1, D Mathieson (CPI) 5,124pts (mc) 7.21; 7.04; 2, S. 1.99; 8.49; 3.70m; 3:04.72; 2, S Rowbotham (Roth) 4,419 (7.48;

1.90; 2, N Somerville (Ed) 1.85; 3, R Wild (Ab) 1.80; PV: 1, I Black (St) 4.30; 2, A Anderson (Gla) 3.60; 3, M Hunter (Ed) 3.60; LJ: 1, I Paget (HW) 6.57; 2, D Stephen (HW) 6.28; 3, F Harrison (St) 6.26; TJ: 1, I Paget 13.17; 2, H Watson (Gla) 13.11; 3, I Hall (Ab) 12.61; SP: 1, K Kobota (St) 12.90; 2, L Carter (Gla) 12.24; 3, D Allan (Gla) 11.31; 4 x 200: 1, Ed 1:34.0; 2, Strath 1:34.3; 3, HW 1:34.9; 4 x 400: 1, Ed 3:34.7; 2, AB 3:35.2; 3, St A 3:40.1;

Women: 60:1, J Fleming (Gla) 8.0; 2, N Barr (HW) 8.2; 3, S Richmond (Gla) 8.3; 200:1, J Fleming (Gla) 27.5; 2, G Lee (St A) 29.2; 3, C Hunter (St A) 29.6; 400:1, D Burdon (Gla) 59.0; 2, E Grant (HW) 61.6; 3, B Kruckels (ED) 65.4; 800:1, J Cliffe (Gla) 2:15.5; 2, B Kirkorian (Ed) 2:45.8; 1500:1, J Cliffe (Gla) 4:34.3; 2, A Potts (St A) 4:39.1; 3, C Fairweather (Gla) 5:13.0; 3000: 1, C Fairweather (Gla) 11:11.1; 2, M Jeffrey (Gla) 11:13.1; 601:1, S Richmond (Gla) 9.2; 2, K Saville (HW) 9.6; 11:1, B Philip (Ed) 1.60; 2(n), A Duncan (Gla) 1.70; 3, J Lowe (Ed) 1.35; LJ: 1, N Barr (HW) 5.45; 2, W Allison (Doc) 5.15; 3, S Stirling (Gla) 5.12; TJ: 1, N Barr (HW) 11.29; 2, H Markus (Gla) 10.59; 3, T Lowe (Ed) 10.26; SP: 1, K Saville (HW) 11.07; 2, H Markus (Gla) 10.94; 3, T Lowe (Ed) 10.38; 4 x 200: 1, Gl 1:52.9; 2, Ed 1:59.3; 3, Strath 2:04.7

Scottish CS Indoor Champs, Kelvin Hall, Glasgow

Men: 60:1, A Morrison (DSS) 7.4; 2, A Wrisberg (MOD) 7.4; 3, B Winning (Reg) NT; 200:1, S Rutherford (BT) 23.0; 2, A Morrison 24.1; 3, A Wrisberg 25.1; 400:1, S Rutherford 50.1; 2, D McLaughlin (MOD) 56.5; 3, A Carson (IR) 56.7; 800:1, C Young (Guest) 2:03.1; 2, D Scobie (DSS) 2:03.7; 3, R Currie (NSB) 2:07.3; 1,500:1, K Montimer (IR) 4:07.6; 2, S Begen (HMP) 4:21.5; 3, R Currie 4:27.2; 3,000:1, M Gormley (BT) 8:51.3; 2, R Thompson 9:32.3; 3, J Doyle (PO) 9:37.1; 601:1, B Winning 9.4; 2, A Wrisberg 9.8; 3, C Colquhoun (HMP) 11.4; 4 x 200R:1, Composite 1:36.8; 2, DSS 1:38.8; 3, H M Prisons 1:48.4; 11:1, G Wilson (DSS) 1.70m; 2, M Brown (DS) 1.65m; 3, B Winning 1.60m; LJ:1, B Winning 5.67m; 2, M Brown (DSS) 5.50m; 3, C Fleming (IR) 5.46m; SP:1, J Inglis (MOD) 10.68m; 2, J Hull (HMP) 10.47m; 3, C Colquhoun 10.43m.

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Result: 1, Inland Revenue 103pts; 2, DSS 50; 3, B Telecom 38; 4, H M Prisons 34; 5, MOD 22.

15/16

Scottish AAA Combined Event Champs, Kelvin Hall, Glasgow

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Scottish AAA Combined Event Champs, Kelvin Hall, Glasgow

Senior Hept: (Order: 60m; LJ; SP; 110; 60H; PV; 1,000m): 1, D Mathieson (CPI) 5,124pts (mc) 7.21; 7.04; 2, S. 1.99; 8.49; 3.70m; 3:04.72; 2, S Rowbotham (Roth) 4,419 (7.48;

1.90; 2, N Somerville (Ed) 1.85; 3, R Wild (Ab) 1.80; PV: 1, I Black (St) 4.30; 2, A Anderson (Gla) 3.60; 3, M Hunter (Ed) 3.60; LJ: 1, I Paget (HW) 6.57; 2, D Stephen (HW) 6.28; 3, F Harrison (St) 6.26; TJ: 1, I Paget 13.17; 2, H Watson (Gla) 13.11; 3, I Hall (Ab) 12.61; SP: 1, K Kobota (St) 12.90; 2, L Carter (Gla) 12.24; 3, D Allan (Gla) 11.31; 4 x 200: 1, Ed 1:34.0; 2, Strath 1:34.3; 3, HW 1:34.9; 4 x 400: 1, Ed 3:34.7; 2, AB 3:35.2; 3, St A 3:40.1;

Women: 60:1, J Fleming (Gla) 8.0; 2, N Barr (HW) 8.2; 3, S Richmond (Gla) 8.3; 200:1, J Fleming (Gla) 27.5; 2, G Lee (St A) 29.2; 3, C Hunter (St A) 29.6; 400:1, D Burdon (Gla) 59.0; 2, E Grant (HW) 61.6; 3, B Kruckels (ED) 65.4; 800:1, J Cliffe (Gla) 2:15.5; 2, B Kirkorian (Ed) 2:45.8; 1500:1, J Cliffe (Gla) 4:34.3; 2, A Potts (St A) 4:39.1; 3, C Fairweather (Gla) 5:13.0; 3000: 1, C Fairweather (Gla) 11:11.1; 2, M Jeffrey (Gla) 11:13.1; 601:1, S Richmond (Gla) 9.2; 2, K Saville (HW) 9.6; 11:1, B Philip (Ed) 1.60; 2(n), A Duncan (Gla) 1.70; 3, J Lowe (Ed) 1.35; LJ: 1, N Barr (HW) 5.45; 2, W Allison (Doc) 5.15; 3, S Stirling (Gla) 5.12; TJ: 1, N Barr (HW) 11.29; 2, H Markus (Gla) 10.59; 3, T Lowe (Ed) 10.26; SP: 1, K Saville (HW) 11.07; 2, H Markus (Gla) 10.94; 3, T Lowe (Ed) 10.38; 4 x 200: 1, Gl 1:52.9; 2, Ed 1:59.3; 3, Strath 2:04.7

15/16

Scottish AAA Combined Event Champs, Kelvin Hall, Glasgow

Senior Hept: (Order: 60m; LJ; SP; 110; 60H; PV; 1,000m): 1, D Mathieson (CPI) 5,124pts (mc) 7.21; 7.04; 2, S. 1.99; 8.49; 3.70m; 3:04.72; 2, S Rowbotham (Roth) 4,419 (7.48;

1.90; 2, N Somerville (Ed) 1.85; 3, R Wild (Ab) 1.80; PV: 1, I Black (St) 4.30; 2, A Anderson (Gla) 3.60; 3, M Hunter (Ed) 3.60; LJ: 1, I Paget (HW) 6.57; 2, D Stephen (HW) 6.28; 3, F Harrison (St) 6.26; TJ: 1, I Paget 13.17; 2, H Watson (Gla) 13.11; 3, I Hall (Ab) 12.61; SP: 1, K Kobota (St) 12.90; 2, L Carter (Gla) 12.24; 3, D Allan (Gla) 11.31; 4 x 200: 1, Ed 1:34.0; 2, Strath 1:34.3; 3, HW 1:34.9; 4 x 400: 1, Ed 3:34.7; 2, AB 3:35.2; 3, St A 3:40.1;

Women: 60:1, J Fleming (Gla) 8.0; 2, N Barr (HW) 8.2; 3, S Richmond (Gla) 8.3; 200:1, J Fleming (Gla) 27.5; 2, G Lee (St A) 29.2; 3, C Hunter (St A) 29.6; 400:1, D Burdon (Gla) 59.0; 2, E Grant (HW) 61.6; 3, B Kruckels (ED) 65.4; 800:1, J Cliffe (Gla) 2:15.5; 2, B Kirkorian (Ed) 2:45.8; 1500:1, J Cliffe (Gla) 4:34.3; 2, A Potts (St A) 4:39.1; 3, C Fairweather (Gla) 5:13.0; 3000: 1, C Fairweather (Gla) 11:11.1; 2, M Jeffrey (Gla) 11:13.1; 601:1, S Richmond (Gla) 9.2; 2, K Saville (HW) 9.6; 11:1, B Philip (Ed) 1.60; 2(n), A Duncan (Gla) 1.70; 3, J Lowe (Ed) 1.35; LJ: 1, N Barr (HW) 5.45; 2, W Allison (Doc) 5.15; 3, S Stirling (Gla) 5.12; TJ: 1, N Barr (HW) 11.29; 2, H Markus (Gla) 10.59; 3, T Lowe (Ed) 10.26; SP: 1, K Saville (HW) 11.07; 2, H Markus (Gla) 10.94; 3, T Lowe (Ed) 10.38; 4 x 200: 1, Gl 1:52.9; 2, Ed 1:59.3; 3, Strath 2:04.7

15/16

Scottish AAA Combined Event Champs, Kelvin Hall, Glasgow

Senior Hept: (Order: 60m; LJ; SP; 110; 60H; PV; 1,000m): 1, D Mathieson (CPI) 5,124pts (mc) 7.21; 7.04; 2, S. 1.99; 8.49; 3.70m; 3:04.72; 2, S Rowbotham (Roth) 4,419 (7.48;

6.58; 12.48; 1.81; 9.03; 3.00; 3:04.98); 3, A Taylor (ESP) 4,284 (7.83; 5.99; 10.03; 1.87; 9.14 2.90; 2:40.48); 4, J Culham (FVH) 3,985; 5, D Askew (Don) 3,959; 6, J Malcolm (Muss) 3,902; 7, K Pearson (St A) 3,682; 8, J Charlton V1 (She) 3,641; 9, W Stobie (Har) 3,521; 10, E Fitzgerald V2 (Pit) 3,360; 11, S Cargill (Rox) 3,279; 12, B Aiken (ESP) 2,971; 13, J Ross V3 (Muss) 2,840; 14, B Collie V4 (Bell) 1,774.

Junior Hept: 1, W Wylie (FVH) 4,738pt (rec) 7.46; 6.83; 10.24; 1.93; 8.57; 4.00; 3:13.49; 2, I Smith (PSH) 3,199 (7.67; 5.71; 8.58; 1.67; 10.01; NC; 3:11.00).

Youth Pentathlon: (Order: 110; 60m; LJ; SP; 1,000m): 1, S Milne (Ork) 3,367pts (1.89; 7.50; 6.67; 10.48; 2:56.64); 2, D Reid (B'hill) 3,146 (1.80; 7.42; 6.03; 10.40; 2:58.75); 3, M Quigley (Cope) 3,109 (1.86; 8.05; 5.77; 13.49; 3:01.40); 4, B Middleton (Ab) 3,036; 5, D Whiffen (NV) 2,906; 6, G Morrison (Dunf) 2,861; 7, A Malcolm (ESP) 2,832; 8, S McDermott (EK) 2,830; 9, P McCall (Cly) 2,788; 10, G Pearson (Arb) 2,698.

Senior Boys Pentathlon (Order: LJ; 60m; 110; SP; 1,000m): 1, D Ablett (CPH) 3,328pt (rec) 5.867.62; 1.70; 15.15; 2:51.12; 2, H Kerr (Ayr) 3,232 (6.13; 7.40; 1.70; 11.71; 2:52.52); 3, M Pate (VP) 2,743 (5.40; 7.98; 1.86; 8.30; 3:01.05); 4, D Hughes (Bor) 2,699; 5, S Schendel (Cum) 2,655; 6, M Dobbie (Pet) 2,388; 7, F Edridge (Cly) 2,386; 8, I Wright (Pet) 2,370; 9, A McKenzie (Kel) 2,304pt; 10, I Duffy (Ross) 2,283.

SWAAA Combined Events Champs, Kelvin Hall

Senior Pentathlon: (Order: 60H; 110; SP; LJ; 800m): 1, E Lindsay (EWM) 3,301pts (9.99; 1.65; 9.14; 5.29; 2:31.15); 2, C Black (EWM) 3,231 (9.52; 1.53; 7.55; 5.57; 2:30.84); 3, J Harvey (NV) 2,619 (9.58; 1.47; 8.19; 5.22; 3:19.19); 4, E Quinn (Law) 2,517pt.

Junior U20: (Order: 60H; 110; SP; LJ; 800m): 1, L McMillan (EWM) 3,228pts (9.91; 1.62; 9.03; 5.16; 2:31.79); 2, S Ditchfield (Prest) 3,105 (9.49; 1.50; 8.02; 5.08; 2:30.05); 3, H Melvin (Troon) 2,923pts (9.93; 1.74; 7.39; 4.98; 2:57.45); 4, E Donald (Hel) 2,884; 5, E Howlocks (Ross) 2,866; 6, L White (Stew) 2,630; 7, J Challenger (Ross) 2,569; 8, L McLeod (Kil) 2,290; 9, L Wilson (Cur) 2,265

11-54.
Team: DIII 6.
Girls: 1, D Murray (Lass) 11-22; 2, S McCarron (DIII) 12-02; 3, L Gatherer (Tays) 12-03.
Team: DIII 11.
Minors: 1, R Gibson (Har) 6-51; 2, G Kyle (DIII) 6-52; 3, C Curtis (Fif) 7-03.
Team: Har 12

23

Lochaber Carol 10,000 metres Fort William
1, P Hughes 34-41; 2, R Campbell 35-07; 3, D Campbell 35-25; 4, R Boswell (VI) 35-35; 5, W Brooks (V2) 36-08; 6, A Ross 36-24; VO/50 Crystal 16-42-58.

29

Balloch to Clydebank Road Race

Men: 1, A Robson (RCE) 64-07; 2, D Cameron (She) 64-59; 3, M Coyne (RCE) 65-29; 4, K Rankin (FVII) 65-31; 5, J Harrison (Mil) 65-34; 6, A Little (She) 66-05; 7, T Anderson (Kil) 66-08; 8, D McCarron (Liv) 66-12; 9, I McCaillan (GGH) 66-33; 10, G Gilhooley (Liv) 66-38; 11, A Douglas (VP) 67-15; 12, J Austin (C) 67-25; 13, T Gillespie (Spr) 67-45; 14, E Wilkinson (Cowen) 67-58; 15, D McLaughlin (GGH) 68-03; 16, C Martin (Dum) 68-13; 17, P Dolan (Cly) 68-17; 18, P Walsh (Dum) 68-19; 19, R McQuat (Clyle) 68-25; 20, J Brown (Cam) 68-56; 21, A Adams (Dum) (V3) 69-17; 22, A McDonald (KO) 69-28; 23, D Gilmour (Gre) 69-31; 24, W Seely (V6/50) (She) 69-41; 25, C Northam (Liv) V4 69-50; 26, G Reid (EK) 69-56; 27, S Green (Un) 70-08; 28, J Hanrahan (Cly) 70-19; 29, J McLaughlin (Un) 70-26; 30, D Goddes (Gre) 70-26; Teams: 1, Shettleston 31pts; 2, Clydesdale 48; 3, Dumbarton 55; 4, Greenock Glenpark 56pts.

Women: 1, E McBrinn (She) 77-00; L2, E McKay (She) 81-36; L3, C Reid (GN) 82-28; L4, E Reid (EK) 83-40; L5, B Kitching (Kil) 88-37; L6, H Morton (Inv) 89-23; L7, J Murray (LV1) (Kil) 89-38; L8, A Richards (LV2) (GN) 89-38; L9, M Brimacombe (Cam) 90-05; L10, A Claydon (Hil) 93-27.

Teviotdale Harriers Club Champs at Hawick

Men: 1, A Walker 36-47; 2, A Fair 37-05; 3, R Hall 37-49; 4, W Knox VI 38-50; 5, C Nichol 39-14; 6, N Maltman 40-04.
Women: 1, L Brown 9-49; 2, S Spence 10-20; 3, K Stenhouse 10-22.
Minor Girls: 1, J Thompson 5-48; 2, L Thompson 5-51; 3, A Reid.
Senior Boys: 1, D Hughes 18-34; 2, A Cowdwell 18-47.
Junior Boys: 1, S Blaikie 8-53; 2, B Hughes 9-08; 3, Lauder 9-22.
Colts: 1, J Turnbull 5-30; 2, G Berridge 5-36; 3, R Lauder 5-39.
Aberdeen University Beach RR, Aberdeen

Men (2 x 2.5 miles, 2 x 4 miles): 1, Hunters Bog Trotters 65-27 (J Hampshire 13-26; R Herries 19-57; C Farquharson 12-29; S Axon 19-35) 2, Aberdeen AAC 66-13 (D Massie 12-50; S Wynn 20-21; G Riddell 13-24; G Wright 19-38) 3, Metro 67-22 (A Neaves 13-09; J Freol 20-43; P Jennings 12-54; K Varney 20-36) 4, Aberdeen University 69-37 (D Johnston 13-21; D Sharkey 20-49; G Burnett 14-25; D Ball 21-02) 5, Aberdeen AAC Vets 69-57 (C Youngson 12-15; E Rennie 22-19; D Grubb 13-28; L Ballantyne 21-55) 6, Metro "B" 70-16 (G Simpson 13-46;

S Willox 21-53; J Buchan 13-06; J Stewart 21-31) 7, Fleet Foot Triathletes 70-38 (P Waite 13-35; G Buchan 22-23; S Hascoat 14-34; K Craig 20-06) 8, Metro Aberdeen "C" 71-30 (D Longmuir 14-28; B Moroney 21-37; C Bruzies 13-54; D Duguid 21-31) 9, Hunters Bog Trotters "B" 71-46 (M Thomas 13-28; R Thomas 20-49; D Howarth 16-11; R Sutherland 21-18) 10, Odd Sods 73-43 (G Daniels 14-03; A Leiper 22-13; S Baxter 13-57; D Leiper 23-30) 11, Fleet Foot Triathletes "B" 75-17; 12, Shepherd's Flock 76-01; 13, Ramsay's Relics 77-40; 14, Aberdeen University "B" 80-51; 15, Hunters Bog Trotters "C" 81-45; 16, Aberdeen AAC Over-55's 84-57; 17, Bit-U-Men 85-35.

Fastest short legs: Youngson 12-15; Farquharson 12-28; Massie 12-50; Jennings 12-54; Buchan 13-06; Neaves 13-09.
Fastest long legs: Axon 19-35; Wright 19-38; Herries 19-57; Craig 20-06; Wynn 20-21; Varney 20-36.

Women (2 x 2.5 miles, 1 x 4 miles): 1, Hunters Bog Trotters 56-20 (M Todd 14-33; S Clive 26-33; M Campbell 15-24) 2, Aberdeen AAC 56-27 (N McKinnon 16-11; M Stafford 25-27; S Latham 14-49) 3, Westhill Ladies 57-55 (A Orme 16-33; U Simpson 25-26; S Bennett 15-56) 4, Aberdeen University 62-31 (C Beck 18-08; T Brindley 27-49; K Fulton 16-34)
Fastest short legs: Todd 14-33; Latham 14-49; Campbell 15-24.
Fastest long legs: Simpson 25-26; Stafford 25-27; Clive 26-33.

Fife AC's Cupar 6 mile RR

Men: 1, A Hutton (CPIH) 27-34; 2, T Mitchell (Dum) 28-16; 3, B Kirkwood (RCE) 28-25; 4, P Dymoke (Liv) 29-16; 5, A Weatherhead (ESP) (V1) 29-18; 6, M Strachan (DIII) 29-23; 7, C Haskett (DIII) 29-27; 8, B Cook (DIII) 29-33; 9, S Ogg (Cam) 29-44; 10, D Knight (PSI) 29-48; 11, K Dawson (CRAC) 29-57; 12, D Amott (BTP) 30-01; 13, L McColgan (DIII) (L1) 30-06; 14, H Mackay (Fif) 30-28; 15, R Hanlon (Fif) 30-33; 16, J Cunningham (Fife) 30-45; 17, B Howie (CPIH) 30-54; 18, D Armour (Cam) 30-56; 19, C Watson (BTP) 31-03; 20, A Martin (Fif V3) 31-08; 21, D Hamilton (DIII V4) 31-13; 22, D MacGregor (Fif) (V5) 31-19; 23, A Davies (Fif) 31-22; 24, D Sullivan (DIII) 31-23; 25, D Cassidy (Fif) 31-25; 26, B Pattison (DIII) 31-27. Teams: 1, Dundee Hawhill 21; 2, Fife AC 31; 3, Caledon Park 46; 4, Fife "B" 58; 5, Dundee Hawhill "B" 61; 6, BT 63; 7, Carnegie Harriers 70; 8, Perth Strathray 77; 9, Fife "C" 81; 10, Dundee Hawhill "C" 114.
Women: 1, L McColgan (DIII) 30-06; 2, J Salvona (Liv) 35-52; 3, C Brown (Fife LV1) 36-12; 4, A Harley (Fif) 36-43; 5, M Robertson (DRR) (LV2) 36-46; 6, D Everington (Liv) 37-31; 7, M McLean (Fif) 37-41; 8, M Coleman (Liv) 38-39; 9, M McLean (Por) 39-55; 10, M Lamont (Rce) 39-57; Teams: 1, Fife 337; 2, Livingston 347.

Sri Chinmoy Mile, The Meadows, Edinburgh

1, S Burch (Ed Un) 4-36; 2, G Lightwood (ESP) 4-41; 3, J Jarvis (Ed Un) 4-43; 4, A Banks (Su Un) 4-51; 5, Z Bankowski (UT) (ESP) 5-06-66; 6, M Marshall (Ayr) 5-08; 7, A Shanley (ESP) 5-12;
VO/50: 1, J Rao (Muvs) 5-35; 2, H Muchamoor (KELP) 8-34;
L1, G Spankie (ESP) 5-52; L2, M Crawford (GHS) 6-04; 3, L Hancock (Glas) 8-06.

Glenpark Harriers Trophy Inverclyde Schools Races, Bothery Park, Greenock

Boys: Sen 3,000 m: 1, B McLean (GA)

10-59; 2, R Pollock (GA) 11-13; 3, E McQuillan (St Col) 11-25; Teams: 1, Green Academy First; 2, St Columba 14.
Jun 2,000 m: 1, C Hill (Well) 7-15; 2, A Docherty (Well) 7-22; 3, C Devine (St Col); Team: 1, St Columba 25pts.
Girls: Sen 3,000 m: 1, J Cox (GA) 14-05; 2, D Buntine (PGHS) 14-25; 3, F Robertson (GA) 14-44; Team: 1, Green Academy 8.
Juniors 2,000 m: 1, C McLean (GA) 8-45; 2, K O'Brien (St Col) 8-46; 3, L Hunter (GAA) 9-10. Team: 1, Green Acad 8 pts; 2, St Columba's 15.



February

8

Caledon Park Harriers Open Meeting, Edinburgh

Men: 1, G Crawford (Spr) 26-31; 2, P Dymoke (Liv) 26-33; 3, D Ross (RCE) 26-35; 4, G Mathieson (CPIH) 27-01; 5, M McQuaid (FVII) 27-07; 6, G Crawford (RCE) 27-10; 7, A Robson (RCE) 27-12; 8, A Meikle (Gala) 27-42; 9, A Ewain (She) 27-58; 10, J Baird (HILP) 28-24; 11, P Simpson (Cam) 28-33; 12, A Robertson (Pen) 28-45; 13, D Law (Cor) 28-48; 14, I Taylor (Car) 28-50; 15, B Murray (CPIH) 28-54; 16, I Stewart (Cam) 28-59; 17, C Smith (ESP) (V1) 28-59; 18, B Howie (CPIH) (V2) 29-06; 19, S Curdina (Car) 29-08; 20, P Morrison (Cam) 29-08. Teams: 1, Racing Club Edinburgh 16 pts; 2, Caledon Park 37; 3, Carnegie Harriers 41.

Youths: 1, T Winters (ESP) 16-43; 2, M Daley (ESP) 16-49; 3, M Gill (Cam) 17-19; 4, S Innes (Har) 17-37; 5, B Sutcliffe (BT) 18-45; 6, F Goodstadt (SA). Teams: 1, George Heriots School 24 pts
Senior Boys: 1, K Daley (ESP) 12-23; 2, M Anderson (Cor) 12-49; 3, S Kintiras (QVS) 12-55; 4, M Hamlin (Lass) 13-15; 5, McCreese (Har) 13-48; 6, D Lynch (StA) 13-59. Teams: 1, St Aloysius 25pts; 2, Heriots 33.

Junior Boys: 1, P Ford (ESP) 10-32; 2, G Moodie (Dun) 10-44; 3, A Forsyth (BTP) 10-55; 4, G Gooch (BTP) 11-07; 5, C Murphy (QVS) 11-11; 6, G Mallen (Cor) 11-13. Teams: 1, Queen Victoria 21; 2, Heriots 38; 3, St Aloysius 44.

Colts: 1, C Houston (Pen) 5-07; 2, C O'Brien (Cor) 5-11; 3, A Arthur (Black) 5-22; 4, A Mathieson (CPIH) 5-28; 5, C Eas (BTP) 5-31; 6, S O'Brien (Cor) 5-32. Teams: 1, Corstorphine 1; 2, Penicuik 25; 3, BT 34.
Women: Inters & sen: 1, S Grainger (EWM) 14-12; 2, I Stewart (ESP) 14-27; 3, M Crawford (Har) 15-12; 4, F Kay (P'ello) LV1 15-22; 5, M McLeod (EWM) LV2 16-08; 6, J Mendum (Har) Int 16-10; 7, B Martin (Cor) LV3 16-20; 8, A Graham (Pen) LV4 17-09; 9, L Duffy (Har) 17-24; 10, A Murray (Cor) 17-24.

Juniors: 1, J Robertson (ESP) 8-38; 2, J Forsyth (BTP) 8-47; 3, L Brown (Har) 8-57; 4, P Rennie (Pen) 11-02; 5, F Drugan (StA) 11-34; 6, E Casey (SA) 11-41.

Girls: 1, D Murray (Lass) 8-42; 2, L Harrison (ESP) 8-46; 3, S Robertson (ESP) 3-56; 4, L Gauld (ESP) 9-05; 5, A Hood (ESP) 9-13; 6, V Sinants (Dun) 9-15. Teams: 1, ESP 9 pts; 2, Lasswade 21; 3, St Aloysius 41.
Minors: 1, L Redmond (ESP) 5-34; 2, R Gibson (Har) 5-41; 3, W Moor (ESP) 5-48; 4, C Johnston (Dun) 5-52; 5, S Carrie (Dun) 6-01; 6, A Martin (Cor) 6-02. Teams: 1, ESP 14 pts; 2, Harmony 17; 3, Dunbar 26.

Glenpark Secondary Schools Champs, Aberdeen

Girls: S1: 1, S Leibnitz (Lass) 6-38; 2, H Smith (AG) 6-34; 3, J Anderson (Fras) 6-51; 4, F Dey (BOD) 6-57; 5, L Hogg (BOD) 7-04; 6, B Baker (Ban) 7-07; Teams: 1, BoD Ac 19pts; 2, Banchory Ac 25; 3, Fraserburgh Ac 26.
S2: 1, K Scott (Elg) 8-00; 2, L Still (Har) 8-27; 3, D McAllister (Fra) 8-33; 4, K Wilcox (Milnes) 8-43; 5, D Sim (Elg) 8-53; 6, L Clark (Fra) 9-07; Teams: 1, Elgin Ac 18pts; 2, Fraserburgh Acad 25; 3, Buckie HS 41.
S3: 1, C Simpson (Elg) 8-05; 2, C Clarkson (Old) 8-08; 3, I McLatchie (Pet) 8-15; 4, J Sim (Elg) 8-27; 5, L Malley (Fra) 8-59; 6, L Hogg (Elg) 9-20; Teams: 1, Elgin Ac 11pts; 2, Robert Gordon's 34; 3, Peter Ac 34.
S4/S5: 1, N Clarkson (Old) 19-57; 2, L Denny (Gordon) 20-07; 3, H Pirie (Dyce) 20-20; 4, J Dawes (Ban) 22-09; 5, F Murdoch (Ban) 22-23; 6, L Dawson (Ban) 22-26; Teams: 1, Banchory Ac 15pts; 2, Elgin Ac 44.

Boys: S1: 1, S Buchan (Fras) 8-21; 2, A Watson (Fras) 8-29; 3, D Buchan (Pet) 8-31; 4, N Cameron (Elg) 8-36; 5, A Harp (RG) 8-38; 6, N Brown (Elg) 8-44; Teams: 1, Fraserburgh Ac 18pts; 2, Robert Gordon's 24; 3, Elgin Ac 27.
S2: 1, J Cowie (BHS) 17-05; 2, D Wright (Elg) 18-18; 3, N McInnes (Pet) 18-30; 4, W Brown (Tor) 18-32; 5, R Richmond (RG) 18-34; 6, R Dearie (Har) 18-38; Teams: 1, Robert Gordon's 26pts; 2, Buckie High School 33; 3, Elgin Ac 37.

S3: 1, R Milne (Elg) 16-00; 2, C Smith (Inv) 16-05; 3, A Love (AG) 16-25; 4, R Ramshaw (Mil) 16-59; 5, G Kennedy (AG) 17-22; 6, D Ramsay (Old) 17-52; Teams: 1, Aberdeen Grammar 22; 2, Elgin Acad 39; 3, Robert Gordon's 62.
S4/S5: 1, S Cook (Gordon) 20-15; 2, A Simpson (Fra) 21-44; 3, D Miller (Gor) 21-50; 4, D Wright (Har) 22-24; 5, J Mundie (Pet) 22-42; 6, K Dimes (BOD) 23-00; Teams: 1, Gordonstoun 12pts; 2, Gordonstoun "B" 44; 3, Robert Gordon's 45.

Overall Trophy: 1, Elgin Academy 11pts; 2, Fraserburgh Academy 9; 3, Robert Gordon's 45.

9

El-Brim-Ick Dash Hill Race, Aberdeen

Men: 1, R Herries (HBT) 20-09 (mc); 2, P Jennings (Met) 2-0-55; 3, N Hansen (Met) 21-15; 4, M McCulloch (AAAC) 21-31; 5, M Thomas (HBT) 22-05; 6, B Rennie (Ab) (V1) 22-11; 7, G Yuile (Ab) 22-20; 8, S Willox (Met) 22-24; 9, J Strachan (Met) 22-48; 10, B Daly (GO) 23-02; 11, B Hall (Met V2) 23-36; 12, D Leiper (Ab) 23-43; 13, L McKay (Stor) 24-07; 14, A Leiper (Ab) 24-14; 15, D Shepherd (Ab) 25-57; 16, A Fulton (Ab) (V3) 26-07; 17, P Fraser (Ab) (V4) 26-27; 18, G Hope (Ab) 26-40; 19, G Smith (Ab) 26-54; 20, T Kerr (Ab) 27-17.

Women: 1, A Orme (Un) 30-23; 2, B Kerr (Ab) (LV1) 31-19; 3, R Hope (Ab) (LV2) 32-55.
Dumbarton AAC 5 mile CC Champs, Dumbarton
1, A Adams 46-56; 2, P Walsh 47-10; 3, C Martin 49-55; 4, T Kelly 52-28; 5, J Niabet 56-52, 6, W Wilson 60-11.

Glenpark Harriers Willow Bowl 7.5 mile CC Champs, Greenock

1, P Duffy 44-24; 2, B McGuinness 45-29; 3, S McLoone 45-52; 4, I Cameron (V1) 48-34; 5, R Mitchell 49-53; 6, R Boyd (V2) 50-27; V3 D Guy 52-08; L1 E O'Brien 52-44; L2 J Smith

Wellpark Harriers McLaren Cup 9 mile CC Champs, Greenock
1, G Gaffrey 50-26; 2, J Muir (V1) 57-59; 3, A Cameron V2 65-55.

Clydebank Harriers CC Champs, Clydebank

Sen 7.5 miles: 1, J Austin 41-05; 2, P Dolan (V1) 42-05; 3, B Potts 42-30; 4, B McQuat 42-44; 5, J Coyle (Guest) 43-58; V2 B Edridge.
Sen Boys: 1, R Armstrong 15-12; 2, B Manuel 15-20; 3, C Lyle 15-41.
Jun Boys: D McGinley 12-47; 2, R McGrady 12-55; 3, I Higgins 12-40.
Colts: 1 equal D Moore and M Howie 6-42; 3, R Campbell 7-01.

Maryhill Harriers CC Champs, Summerston

Senior 7.5 miles: 1, A Gallacher 35-40; 2, G Robertson 36-07; 3, A Sellars 38-58; 4, R Stevenson (V1) 20-41; 5, J Smith 41-10; 6, P Kearney (V2) 0/50-41-25; VO/60 R Dempster 56-03.
Junior 5 miles: 1, P O'Neill 29-10.
Youth 4 miles: 1, S Reeves 20-50.
Senior Boys 2.5 miles: 1, A Paris 14-15.
Junior Boys 1.5 miles: 1, J McLeod 11-05.

Inter Club 9 mile Forest Trail Race, Tweedsmuir

1, C Farquharson (HBT) 54-20; 2, R Thomas (HBT) 55-18; 3, D Calder (West) 59-07; 4, I Wallace (HBT) 59-23; 5, M Ogston (West) 59-54; 6, J Hampshire (HBT) 60-20; L1 D Everington (HBT) 65-30.
Teams: 1, HBT 13 pts; 2, Westerlands 22.

Lochaber 6 mile River Bank Race, Fort William

1, P Hughes 28-12; 2, J Coyle (Car/guest) 28-53; 3, J Brooks 29-08; 4, R Boswell (V1) 30-06; 5, R Campbell 30-08; 6, G Brooks 30-58; V2 R Cart 8th 31-39; V3 G McConnachie 10th 35-12; L1 H Searle 40-29.

Kilbarchan AC CC Champs, Milliken Estate

Seniors 7.5 miles: 1, T Hearn 34-34; 2, T Anderson 35-28; 3, G Tenny 35-53; 4, J Snodgrass 35-54; 5, M McGinley 36-23; 6, J McMillan V1 37-21; V2 D Menze 38-25; V3 W Goddes 42-53. Youths: P Corrigan 29-30.
Senior Boys: C Douglas 11-58. Junior Boys: G Young 14-00. Colts: G Cassidy 15-12.
Women: 1, E Masson 27-40; 2, L McLeod (Int) 33-50; 3, C Goddard 33-58. Juniors: 1, C Scowles 15-12. Girls: P Busby 16-05.

12

Eastwood Schools CC Champs, Giffnock

Boys Senior 3,000m: 1, C Taylor (Wood) 12-24; 2, C Pezic (Wood) 12-54; 3, P I'Anson (Meams) 12-59; Team: 1, Woodfarm 13 pts.
Inters 2,500 metres: 1, C Hamilton (East) 9-51; Team: Williamwood 30 pts
Junior 1,500m: 1, R Meeson (Will) 6-28; Team: 1, Meams Castle 23 pts
Girls - Senior 3,000m: 1, J Sinclair (Meams) 15-10; 2, L Tarbet (East) 15-39; 3, J McMahon (St Lukes) 16-36; Team: 1, Meams Castle 29 pts.
Inters 2,500m: 1, G Potts (Will) 11-08; Team: 1, Williamwood 12 pts.
Junior 1,500m: 1, G Anderson (East) 6-57; Team: 1, Meams Castle 24 pts.

Inverclyde Schools CC Champs, Greenock

Boys: Senior U/17: 1, B McLean (GA) 12-05;

2, R Armstrong (Pak) 12-28; 3, A Mitchell (Pak) 12-30; Team: 1, Pak Mains 18 pts.
Inter U/15: 1, S Donald (Pak) 12-09; Team: 1, Port Glasgow 19 pts Junior U/14: 1, B McCabe (N Dame) 11-08; Team: 1, Pak Mains 18 pts.
Girls: Senior U/17: 1, J Merrick (St Col) 12-49; 2, P Beveridge (St Col) 12-56; 3, J Morrison (PGHS) 13-09; Team: 1, St Columba, Kilmacolm 20 pts.
Inters U/15: 1, C Hill (Well) 11-16; Team: 1, Wellington 36 pts
Junior U/14: 1, A Barrie (Pak) 8-25; Team: 1, Port Glasgow 38 pts.

Loudon Open Meeting, Loudon Academy. Men: 1, A McLelland (C'plen) 31-01; 2, D Scobie (DAC) 31-20; 3, J Timmons (GU) 32-32; 4, D Auchie (DT) 32-56; 5, D McCrory (Ayr) 32-41; 6, L Baker (Ayr) 32-46; 7, J Clark (SV) 33-17; 8, S White (JWK) 33-37; 9, J Burns (Cum) 33-48; 10, J Young (Ayr) 33-49; 11, J Caird (Ayr) 33-51; 12, S Mulholland (DAC) 34-03; 13, A Anderson (NV) 34-04; 14, A Sneddon (C) (V1) 34-05; 15, L Doyle (VP) 34-28; Teams: 1, Ayr Seaford 32; 2, Calderglen 74; 3, FWK 81.

Youths: 1, D Whiffen (N) 23-16; 2, D Leitch (Cum) 23-47; 3, C Banks (Loo) 23-58; 4, P Young (Gir) 26-32; 5, M Cornish (Hil) 27-22; 6, R McGinlay, G Downing, P Regan (DAC) 30-50; Team: Dumfries AC 18.

Senior Boys: 1, K Mason (Cum) 15-07; 2, S Shendell (Cum) 15-16; 3, J Thomson (Avon) 15-39; 4, D Gemmell (Avon) 16-21; 5, A Kidd (JWK) 16-27; 6, P Dennis (Hil) 16-39; Team: Cumnock 19.
Junior Boys: 1, W Fraser (DAC) 12-53; 2, A Sandilands (Avon) 13-03; 3, G McDonnell (Spr) 13-12; 4, P Morris (NV) 13-51; 5, S Grant (KO) 13-57; 6, K Mullen (Cum) 14-11; Team: Nish Valley 23.

Colts: 1, K Taylor (Gir) 5-35; 2, S Montgomery (NV) 5-41; 3, C Brown (NV) 5-44; 4, S Brenlin (Spr) 5-49; 5, A Auld (Cum) 5-54; 6, A McCutcheon (Loo) 5-55; Team: Nish Valley 23.
Senior Women: 1, L Cairns (JWK) 26-11; 2, A Murray (Kil) 27-12; 3, S McDonald (NV) 27-35; 4, D Monteith (SCHC) (LV1) 28-04; 5, S McGregor (JWK) 28-25; 6, V Clinton (IC) 28-58; 7, M McGill (IC) (LV2) 29-46; 8, M Donaldson (IC) (EJ) 29-56; 9, A Higgins (Loo) EJ 30-30; 10, M Gormell (SK LV3) 33-36; Teams: 1, Irvine Cable 33; 2, Loudon Runners 49.

Intermediates: 1, A McManus (IC) 18-55; 2, C Miller (IC) 20-01; 3, T McLachlan (Moth) 20-11; 4, D Ward (Ayr) 21-10; 5, K Simon (NV) 21-21; 6, D Wilson (Avon) 21-55.
Juniors: 1, S Scott (CG) 13-45; 2, S Sneddon (Hil) 14-05; 3, L Moody (CG) 14-12; 4, L Scott (KO) 14-33; 5, S Youden (JWK) 14-42; 6, L Hough (IC) 15-06; Team: City of Glasgow 15.

Girls: 1, C Morris (JWK) 13-33; 2, M Hastie (SK) 14-10; 3, S McNairney (IC) 14-12; 4, L Gallagher (Hil) 15-11; 5, L Livingston (Cum) 15-16; 6, A Church (Ayr) 15-26; Team: Helensburgh 31.
Minors: 1, L Conway (Ayr) 6-05; 2, L Murdoch (Ayr) 6-12; 3, L Picken (Ayr) 6-13; 4, A Scott (NV) 6-34; 5, M McKinnon (Ayr) 6-43; 6, G Proudfoot (Avon) 6-48; Team: Ayr Seaford 6.

15

Keyline Northern District League, Alness

Men: 1, A Reid (Pet) 35-40; 2, M Wright (MRR) 37-53; 3, G Milne (VI) (MRR) 38-11; 4, G Bruce (MBI) 38-30; 5, M McCulloch (For) 38-49; 6, D Cruickshank (For) 38-52; 7, G Sim (V2) (MRR) 38-58; 8, A Stewart (MRR) 39-24; 9, C Hunter (MRR) 39-49; 10,

R Aiken (MRR) 40-02; 11, D Watson (Inv) 40-06; 12, B McKenzie (MRR) 40-11; 13, M Francis (For) 40-39; 14, G Mitchell (V3) (Inv) 41-00;

Inverness 167; 7 Ayr 189; 8, Hutch GS 190; 9, Aberdeen 191; 10, Clydesdale 197.
 Jun Boys: 1, K McAlpine (Nai) 11-15; 2, A Dobie (Cam) 11-28; 3, S Lang (G'nock) 11-31; 4, N Tulloch (MBI) 11-37; 5, G Martin (MBI) 11-39; 6, S Hodgson (Cam) 11-47; 7, A Docherty (SV) 11-47; 8, D Bates (Cam) 11-50; 9, A Ford (ESP) 11-53; 10, C Hill (GGH) 11-55; 11, C Robertson (Ayr) 12-02; 12, G O'Donnel (Spr) 12-03; 13, M Rafferty (Law) 12-05; 14, K Wallace (Cam) 12-05; 15, A Forsyth (Pit) 12-08; 16, D Grieve (Hel) 12-08; 17, A Jackson (St Al) 12-08; 18, M Raffan (Inv) 12-08; 19, T Robinson (Hel) 12-10; 20, S Hamilton (Lon) 12-13; Teams: 1, Cambuslang 30pts; 2, M Black Isle 116; 3, Inverness H 132; 4, Victoria Park 165; 5, Airdrie 202; 6, E Kibride 239; 7, Fife 257; 8, Clydesdale 290; 9, Falkirk Victoria H 298; 10, Aberdeen 408.

23

SWCCU & RRA National Champs, Falkirk
 Senior Women: 1, V MacPherson (GU) 19-41; 2, A Rose (EWM) 20-15; 3, S Ridley (EWM) 20-22; 4, V Vaughan (BTP) 20-40; 5, C Fusaah (FR) 20-50; 6, S Edmonds (GU) 21-07; 7, D Rutherford (JWK) 21-15; 8, J Scott (Dar) 21-28; 9, J Stevenson (FVH) LV1 21-29; 10, E Cochrane (CG) 21-30; 11, J Cliffe (GU) 21-37; 12, C Gill (Gram) 21-44; 13, S Durham (EWM) 21-53; 14, J Salvona (Liv) 21-55; 15, M Muir (DRR) 21-59; 16, V Blair (EWM LV2) 22-05; 17, S Kennedy (VP) 22-07; 18, E Grant (CG) 22-09; 19, E McKay (She) 22-24; 20, J Roxburgh (GU) 22-30; Teams: 1, EWM 18; 2, Glas Univ. 32; 3, Ed Univ 55; Vet Team: DRR.
 Inters: 1, A Foster (Mor) 19-09; 2, I Lincker (BTP) 19-47; 3, A Potts (CG) 19-56; 4, Y Reilly (DHIF) 20-07; 5, L Cormack (ESP) 20-16; 6, S Macrae (IH) 20-26; 7, A Cheyne (CG) 20-29; 8, J Hall (Cram) 20-45; 9, A McManus (IC) 20-48; 10, L Stewart (ESP) 20-58; Teams: 1, City of Glasgow 28pts; 2, ESPC 35; 3, Irvine Cable 58.
 Juniors: 1, C Dickie (Mor) 12-38; 2, C Gormley (EWM) 12-43; 3, M Smith (MBL) 12-49; 4, E Gorman (VP) 13-03; 5, A Dickie (Mor) 13-05; 6, C Clarkson (AAAC) 13-06; 7, C Vetranno (DHIF) 13-08; 8, S Scott (CG) 9, V Clark (AAC); 10, C Simpson (FH); Teams: 1, Morpeth 40pts; 2, Black Isle 73; 3, Aberdeen 30.
 Girls: 1, H Foster (Mor) 12-42; 2, C Morris (JWK) 12-50; 3, K Scott (MRR) 12-57; 4, K Montador (CRAC) 13-10; 5, S Liebnitz (MRR) 13-15; 6, M McDonald (IH) 13-22; 7, H Smith (Ab); 8, J Morrow (Stone); 9, L Harrison (ESP); 10, D Murray (Lass); Teams: 1, Moray Road Runners 50pts; 2, ESP 92; 3, Dundee Hawkhill Harriers 121.
 Minors: 1, J McLean (FR) 6-10; 2, H Norman (BTP) 16-11; 3, L Conway (Ayr) 6-19; Teams: 1, Ayr Seaford 74pts; 2, Lochgelly 81; 3, Victoria Pk 84.

25

Glasgow Schools Boys CC Champs, Nether Pollock, Glasgow
 Senior O/17 4 miles: 1, M Gill (St Aloy) 21-08; 2, M McLaughlin (Hly) 21-38; 3, C Steele (Vic Dr) 21-46; 4, P Savage (J Paul) 22-24; 5, A N Oher 22-57; 6, I Richardson (KP) 23-03; Teams: 1, St Aloy 34pts; 2, Hutch GS 47; 3, Glas Acad 83.
 Inters U/17 3 miles: 1, D Connelly (Hil) 15-18; 2, A McPherson (Hut) 15-41; 3, G Hillier (Hil) 15-50; 4, A Piacentive (Hly) 15-56; 5, M Gallacher (Hly) 16-04; 6, G Harris (Hut) 16-06; Teams: 1, St Aloy 57pts; 2, Hutch GS 61; 3, Hillpark 69.
 Juniors U/15 2 miles: 1, A Dobie (Hly)

10-15; 2, M Crawley (East) 10-20; 3, D Merrick (St Aloy) 10-22; 4, A Kavanagh 10-25; 5, A McFadyen (Stone) 10-26; 6, K Wallace (Stone) 10-28; Teams: 1, St Aloysius 36pts; 2, Hutch GS 43; 3, Stonehouse 68.
 Colts U/14 1.5 miles: 1, P McBride (Hly) 10-34; 2, D MacRab (Hut) 10-34; 3, J Hendry (G'Ae) 10-37; 4, N Young (GHS) 10-41; 5, A Stewart (St Aloy) 10-48; 6, A Miller (GHS) 10-50; Teams: 1, St Aloysius 71pts; 2, Holyrood 79; 3, Hillpark 84.

Bank of Scotland "Castles" Series, Mintlaw Near Aberdeen

Senior Men: 1, S Axon (HBT) 31-15; 2, R Herries (HBT) 31-26; 3, J Froel (Me) 32-42; 4, K Vamey (Met) 32-42; 5, P Jennings (Met) 32-59; 6, S Gill (Kei) 33-14; 7, B Law (Kei) 33-18; 8, D Ball (HBT) 33-30; 9, W Johnston (Kei) 33-35; 10, M Johnston (unat) 34-00; 11, A Henderson (Ab) 33-54; 12, J Buchanan (Met) 33-57; 13, J Stewart (Met) 34-00; 14, N Hansen (Met) 34-13; 15, M Thomas (HBT) 34-33; 16, D Stephen (Gar) 34-47; 17, I Morris (Ab) 34-54; 18, G Clark (Fras) 35-30; 19, N MacDonald (Met) 35-32; 20, A Leiper 35-48.
 Veteran: 1, C Noble (Fras) 33-39; 2, E Butler (Ab) 34-32; 3, M Edwards (Ab) 33-43; 4, D Grubb (Ab) 35-14; 5, J Ingram (Fras) 35-22; 6, C Simpson (Ab) 35-29.
 Youth: 1, D Strachan (Pet) 22-59; 2, B McAllister (Fras) 23-07; 3, J Mundie (Pet) 23-35; 4, G Smith (Ab) 23-42; 5, M Anderson (Fras) 23-50; 6, S Smith (Ab) 24-43;
 Senior Boys: 1, C Smith (Ab) 15-05; 2, A Love (Ab) 15-22; 3, S Mitchell (Robt Grdn's Col) 15-42; 4, G Kennedy (Ab) 15-52; 5, E McGee (Ab) 16-11; 6, J Esson (Robt Grdn's Col) 16-12.
 Junior Boys: 1, J Erridge (EU) 12-003; 2, P Herron (Ab) 12-19; 3, N Minty (Pet) 12-23; 4, R Richmond (Robt Grdn's Col) 12-35; 5, P Fraser (Ab) 12-39; 6, S Dark (Keith) 12-43.
 Colts: 1, J Oparika (Tays) 6-37; 2, D Cumming (Ab) 6-39; 3, M Stephen (Fras) 6-45; Senior Women: 1, R Meams (Ab) 15-29; 2, M Duthie (Fras) 15-36; 3, J Grams (Ab) 16-27; 4, L Colman (Gar) 17-32; 5, S Bennett (unat) 17-38.
 Veteran: 1, L Bain (Ab) 16-25; 2, M Stafford (Ab) 17-17; 3, N MacKinnon (Ab) 17-23; 4, J Hogg (Ab) 18-38; 6, B Kerr (Ab) 17-40.
 Intermediate: 1, C Falconer (MBI) 17-30; 2, S Hendry (Ab) 17-45; 3, H Pirie (Ab) 18-05; 4, L Foman (Pet) 18-13; 5, R Bellamy (Pet) 20-32; 6, L Griffiths (unat) 23-43.
 Junior Ladies: 1, C Simpson (Fras) 12-12; 2, C Clarkson (Ab) 12-13; 3, T McLachie (Pet) 12-15; 4, C Becker (Ab) 13-01; 5, L Still (Ab) 13-10; 6, L Sutherland (Fras) 13-15.
 Girls: 1, J Anderson (Fras) 10-17; 2, L Clark (Fras) 10-27; 3, D McAllister (Fras) 10-35; 4, H Smith (Ab) 10-45; 5, R Baker (Banch) 10-48; 6, L Logie (Fras) 10-58.
 Minors: 1, J McLean (Fras) 7-16; 2, D Jardine (Fras) 7-45; 3, D Hattie (Pet) 7-46.

28

Glasgow Schools Girls CC Champs, Nether Pollock, Glasgow
 Senior O/17 3 miles: 1, S Kennedy (KP) 15-50; 2, J King (Cath) 16-14; 3, S Sample (GHS) 17-47; 4, N McEwan (Hut) 18-20; 5, L Kerr (Hut) 18-48; 6, K Roberts (Craig) 19-00; Teams: 1, Hutch GS 31pts; 2, Glasgow HS 40; 3, Hutch 'B' 89.
 Inters U/17 2 miles: 1, L Moody (Hly) 11-17; 2, R Drysdale (GHS) 11-32; 3, C Morrison (Jordan) 11-44; 4, J McGrowther (GHS) 11-52; 5, M Molina (Cas) 12-02; 6, A Winnie (Cat) 12-06; Teams: 1, Glasgow HS 27pts; 2, St Aloysius 74; 3, Castlehill 98.
 Junior U/15 1.5 miles: 1, J Kannan (Hly) 11-33; 2, A McGibbon (John St) 11-40; 3, R McPherson (Hut) 12-14; 4, K Allan (Shaw)

12-20; 5, T Young (John Street) 12-21; 6, J McLagan (St Aloy) 12-26; Teams: 1, St Aloysius 69pts; 2, Glasgow HS 77; 3, Hutch GS 81.
 Girls U/14 1.25 miles: 1, M Hattie (Hil) 9-49; 2, E McArthur (Hut) 10-25; 3, F Sinclair (Cat) 10-31; 4, V Jenkinson (GHS) 10-32; 5, H Bockie (Law Bank) 10-36; 6, J Walker (Hly) 10-39; Teams: 1, Glasgow HS 47pts; 2, Cathkin 71; 3, Jordanhill 72.



February

15

Carnethy Five Hill Race, Penicuik
 1, A Peace (Bing) 49-20; 2, N Wilkinson (MU) 50-04; 3, J Maitland (Pod) 50-27; 4, A Kitchen (Liv) 50-32; 5, S Nicholson (Liv) 50-39; 6, R Lee (Liv) 51-02; 7, J Wilkinson (Oal) 51-13; 8, C Roberts (Ken) 51-18; 9, G Bartlett (For) 51-21; 10, G Schofield (B'Burn) 52-19; 11, D Peel (Liv) 52-30; 12, J Hooton (Amb) 52-34; 13, B Potts (Cly) 52-37; 14, J Musgrave (MO) 43-38; 15, A N Oher 53-53; 16, D Robertson (WCCC) 54-00; 17, S Conway (Liv) 54-07; 18, A N Oher 54-07; 19, W Ramsbotham (Liv) 54-09; 20, P Hughes (Loch) 54-20; 21, G Devine (Puds) 55-00; 22, P Ilyman (Liv) 55-13; 23, A Curtis (Clare RK) 55-27; 24, PBOvill (Ed Un) 55-32; 25, D Bell (Hil) 55-34; 26, D Weir (Penh) 55-39; 27, W Knox (M40) (Tev) 55-42; 28, A Nocholes (Car) 55-48; 29, D Crowe (She) 56-01; 30, J Coyle (Car) 56-04.
 Further vets: 2, J Blair-Fish (Cam) 56-12; 3, R Boswell (Loch) 58-16; 4, S Furnace (B'burn) 58-39; 5, E Butler (Ab) 58-40; 6, S Balfour (Liv) 58-53.

Grampian Schools CC Champs, Balmorie, Feb 8

A Gordons town contingent made their presence felt in the secondary 4, 5, and 6 race as they took first and second team prizes and for a time looked like taking the first two individual prizes as well.
 Eventually, however, defending champion Andrew Simpson (Fras) got the better of David Miller for second place, but was unable to do anything about his team-mate Stephen Cook, who went further and further away to win.
 Natalie Clarkson (Old Machar) prevented Gordons town from completing a double in the senior girls race, holding on to a 10 second lead over Lesley Denny with Heather Pirie (Dyc) 19 seconds back. Joanna Dawes (fourth) led Banchoy to a team victory.
 Catherine Simpson (Elg) beat Natalie's sister Caroline for the S3 title by three seconds although she was, in fact, behind the S2 winner, fellow Elgin pupil and East champion Kerry Scott. Elgin also provided the S3 boys champion in the shape of Ross Milne, who ran well to come home five seconds ahead of East silver medallist Chris Smith (Inv). Elgin were the most successful team, winning the S2 and 3

Results compiled
by Colin Shields

girls' team events.
 Jonathan Cowie (Buckie) had a somewhat easier win in S2 than he had last year while Stephen Buchan (Fras) and Sarah Liebnitz (Loss) were comfortable S1 winners. Other winning teams were Robert Gordon's (S2 boys) Fraserburgh (S1 boys) and Bridge of Don (S1 girls).

El-Brim-ick Dash, February 9

THIS three mile event, which goes over one hill and up another, saw the first three home beat the old record.

The first hill, Elrick, serves as a mere warm-up for the second, which is in fact mainly a long grass field - but a vertical one (or so it seems on one's first attempt).

Rob Herries (HBT) took full advantage of his much-publicised thrice daily, 200 miles per week intensive reps to come home 47 seconds ahead of Peter Jennings (Met) and Nigel Hansen (Met) with Ewen Rennie (Aberdeen) surviving his own medicine well to finish sixth and take the bottle of wine for the vets prize (by pure coincidence it was his favourite brand which was on offer). Brian Hall of Metro was second vet in 11th and Annette Orme (Aberdeen) first woman.

BoS Castle Series, Mintlaw, Feb 16 - FORMER Welsh international Simon Axon was one of the many runners full of praise for the Aden Park course - despite a snowy, slushy section in the non-wooded part - after leading all the way to beat HBT club-mate Rob Herries by 11 seconds in the second race of the series. As neither competed in the first race, however, third placed Joe Freel (Metro) retained the lead in the series.

There was much debate on the projected outcome of the women's race. In the event Kathryn Meams (Aberdeen) who this time 10 years ago was preparing for the world championships, showed her class by maintaining an eight second lead over Marie Duthie (Fraserburgh), the impressive winner of the first race who retained her lead.

Chairle Noble (Fraserburgh) and Lynda Bain (Aberdeen) were respectively first vets home and looked like taking the series titles.

Best finish was in the junior ladies' event, won by Catherine Simpson (Forres) who held off a strong late challenge by Caroline Clarkson (Aberdeen) by one second, with Tracy McLachie (Peterhead) behind.

Jaclyn Anderson (girls) and Jennifer McLean (minors) kept the flag flying for Fraserburgh while Jonathan Oparika (Tayside) repeated his Crathes win - although this time only two seconds ahead of Douglas Cumming (Aberdeen).

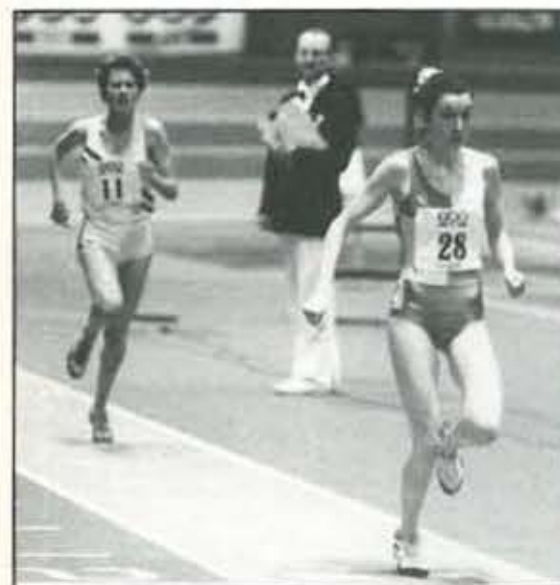
Chris Smith (Ab) and Jamie Erridge (Ellon) won the seior and junior boys' races, the other winners being Darren Strachan (Pet) in the youths and Claire Falconer (BI) in the intermediates.

Denis Shepherd

DESPITE the absence of major talents such as Isobel Linaker and Alison Potts, to name but two, the SWAAA Under-20 Indoor Championships on March 1 provided spectators with some fine performances, writes Margaret Montgomery.

Edinburgh's Sinead Dudgeon underlined the promise which helped her to two firsts at the recent SSAA Indoor Championships when she took both the intermediates' 60 metres and 200 metres titles in times which were faster than those clocked in the junior age group races.

With Louise Paterson and Elaine Julyan (her two main rivals in the intermediate group last year) now up an age-group, and Edinburgh Woollen Mill's Karen Sutherland presently out of competition through injury, Dudgeon looks as if she will be dominating women's intermedi-



Left: Yvonne Reilly takes the junior women's 800 metres. Louise Cormack is in pursuit.

ate sprints - at least in the early part of this year.

The junior women's 1500 metres produced a terrific battle between ESPCAC athletes Alison Cheyne and Louise Cormack. Cormack lead the race in its early stages but was shadowed closely and eventually overtaken by a determined Cheyne.

In the lead with just two laps to go, and beginning to stretch away, Cheyne looked as if she had timed the race perfectly. However, with 150 metres left Cormack found the strength to pull back and on the final bend overtook a tiring Cheyne to snatch victory in 4-56.77.

The junior women's 400 metres also produced an exciting race, this time between Dundee Hawkhill's Lorna Silver and Ayr Seaford's Susan Carruthers. Going on their

past performances at the distance Carruthers was the clear favourite (her best last year was 58.2 to Silver's 59.3).

Despite this, Silver stretched the Ayr woman all the way, looking as if she might take the race at one point during the second lap. Carruthers eventually proved too strong and held on to secure first place in 58.53 but Silver could take consolation from the fact that her time showed a remarkable improvement over last year.

In the younger age-groups, one of the finest races of the day was the girls' 800 metres where there was a David and Goliath style battle between the diminutive Julie Robertson and a somewhat taller Lynn Frickleton. Passing each other again and again throughout the race, the girls were neck and neck until the



Sinead Dudgeon crosses the line well ahead of the opposition in the intermediates' 200 metres final.



Above: Katrina Leys shows her pleasure as she beats her Aberdeen club-mate Louise Paterson into second position in the junior women's 200 metres.

*A complete set of results can be found in the results section.

IN the recent past, a period of lean years in schools athletics caused mournful claims that numbers were increasing and standards falling, write the SSAA. The SSAA 1992 Indoor Championships on February 21, sponsored by Scottish Power, could give rise to no such pronouncements.

In the long jump, for example, the talent is now very great with Pamela Anderson, from St Mungo's Academy, achieving a personal best of 5.67 in the under-16 girls' competition, Willie Stark, Bridge of Don Academy reaching 6.36m in the under-16 boys' competition, and Scott Milne, from Kirkwall Grammar, jumping 6.66m in the over-16 event.

In the shot, the anticipated under-16 winners, Julie Robin, Hermitage Academy, and Bruce Robb, Queen Anne High, putted 12.88m and 15.15m respectively, with Lynn Barnett, Perth Academy, so long runner up to Alison Grey, winning with 11.98m in the over-16 category.

In the high jump, Gavin Morrison, Trinity High, won the over-16 competition with 1.85, with Martin Pate, Bocclair Academy, clearing 1.80 to win the younger age group.

Martin, already having cleared 1.88 this season, has tremendous potential, as has the winner of the over-16 girls event, Lisa Brown of Glenrothes High. Only in the standard of the under-16 girls is there cause for concern.

On the track, Sinead Dudgeon, (St Augustine's) and Elaine Julyan, (Loudoun) dead heated in the 60m in 7.78. Sinead also took the over-16 200m in 25.9. The only other double winner was Richard Booth (Gillespie's) with 7.27 for the under-16 60m and 23.9 for the 200m.

Theresa Crosbie, St Ninian's High, easily won the over-16 60m hurdles in 8.72, with Karen McNamee taking the under-16 title in 9.35. David Cotter, Nairn Academy, had a good day, winning the under-16 hurdles in 8.60 and taking bronze in the long jump with 5.73m. Grant Adams, Grange Academy, won the over-16 hurdles in 8.39s, showing his sprinting ability again by taking the bronze medal in the 60m in 7.30.

Nearly all the athletes who competed for Scotland A and B in the under-16 international last December took part, and many had benefited from the experience. A

prime example was Julie Robertson of Broughton High, who ran a much more knowledgeable race to finish second to Fiona Johnstone of Gala Academy in the 800m (2-22.3 to Fiona's 2-21.8.)

Kristina Gormley (Mary Erskine) as expected won the under-16 1500m, in 4-52.9. However, she was overshadowed by Isabel Linaker who won the over-16 race in 4-39.3, nearly lapping the tenth runner.

Joanne Symington, Prestwick Academy, dropped back from 400m where she has enjoyed so much success recently to 200m, but found Natalie Hynd of Dunfermline High in great form, winning in 26.8. Silver went to Stephanie Balmain, Claremont High, and bronze to Rona Hepburn, Crieff High, who had already won the 60m in 8.00.

The 400m was won by Elizabeth Richardson, Larkhall Academy, in 62.3, with Susan Carruthers, Greenwood Academy, defeating Claire Martin of Auchmithy High in the over-16 race. Hugh Kerr of Kyle Academy and Stuart Sutherland won the over-16 and under-16 boys' 400m, in 52.55 and 55.3. Overall, the standard of the 400m events was a little disappointing.

The over-16 boys 800m was won, in the final few strides, by Graeme Forbes of Bocclair Academy, who came off the last bend too quickly for Alasdair Moonie of Balwearie High.

In the over-15 1500m, Tom Winters of St Augustine's High and James Tonner of Stewarton Academy battled it out for all seven laps, with the Edinburgh boy just winning in 4-09.2.

The under-16 boys' 1500m was won by Peter Robertson, of Watson's, in 4-38.7 with the under-16 800m title going to Mark Smith of Douglas Academy in 2-05.0.

Following the match, the team to represent the SSAA against the Scottish Universities, SAAA, SWAAA, and Northern Ireland was selected. This is an excellent match, in which the schools, particularly the girls, have always done well.

Unfortunately, despite knowing that the SSAA Cross Country Championships are always held on the second Saturday in March, in this case, the 14th, that was the very date selected by the university organisers. The SSAA, therefore, had no track competitors over 400m and the event is inevitably diminished.

THE curtain fell on the most traumatic winter in the history of university athletics on March 14, with the annual representative match between Scottish Universities, Scottish Schools, Scottish Select, Northern Ireland, and Loughborough, writes Gordon Ritchie.

Regular readers may remember that this column was complaining that the match would not take place, and bemoaning the loss of a quality fixture during the indoor season.

The students, however, were so determined to have the match that it went ahead at very short notice. The difficulties in organising the match in just six weeks meant that it was still devalued as all the competing teams found it impossible to field full sides.

The schools had the biggest problem. The only date available for the indoor match clashed with their cross country event at Irvine, and so they were almost unrepresented at distances over 400m.

Both the Scottish Select and the Universities had difficulty persuading athletes to extend their winter season as late as mid-March and their teams were consequently con-

siderably weaker than might otherwise have been the case.

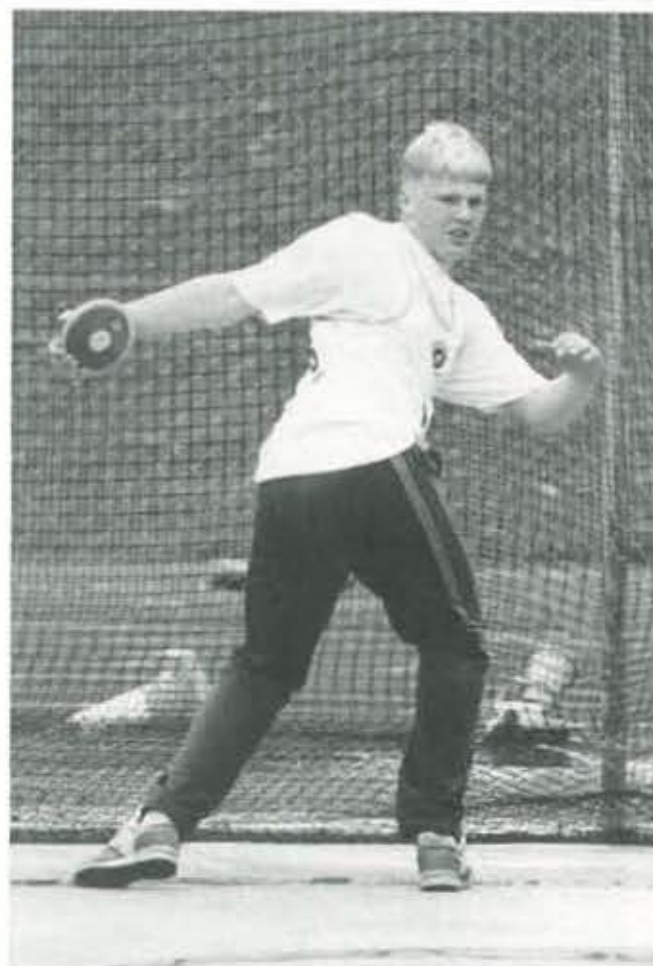
Northern Ireland found it was too short a time to assemble a full team and make the necessary travelling arrangements, and they also had difficulty persuading athletes to compete so late in the winter, while Loughborough found themselves with a clash of fixtures which severely reduced their strength in depth.

The irony of the situation is that the one man who jeopardised the indoor season and then tried to reassure everyone by promising to personally oversee the running of the events did almost nothing to ensure their success.

All that he did was order vests for the University athletes, and he even got that wrong as when they arrived the sponsor's logo was larger than that permitted under SAAA rules.

What is it they say about getting people drunk in a brewery?

Hopefully, life can return to normal in the summer and attention can be fixed solely on the events on the track and not the petty politics which plagued the winter.



Bruce Robb, winner of the under-16 shot putt.

JUNIOR PROFILE



NAME:	Pamela Louise Anderson.
DATE OF BIRTH:	October 6, 1976.
SCHOOL:	St Mungo's Academy, Glasgow.
ATHLETICS CLUB:	City of Glasgow.
COACH:	Tom Williamson.
STARTED ATHLETICS:	When I entered - and won - the long jump at the Glasgow Schools Championships last year.
EVENTS:	Long jump and triple jump.
PERSONAL BESTS:	5.67m; 10.99m.
ENJOY MOST ABOUT THE SPORT:	The atmosphere at competitions.
LEAST ENJOY:	Distance running of any sort.
AMBITION IN SPORT:	To jump over six metres.
HIGHLIGHTS SO FAR:	First place in the under-16 long jump in the SSAA Indoor Championships and second in the intermediates' long jump at the Scottish Indoor Championships.
ATHLETE YOU MOST ADMIRE:	Carl Lewis.
OTHER HOBBIES:	Playing the guitar and rowing.
YOUR FAVOURITE BOOK:	Stranger With My Face, by Lewis Duncan.
YOUR IDEAL MEAL:	Lasagne.
ALL-TIME FAVOURITE FILM:	Top Gun.
FAVOURITE ACTOR:	Tom Cruise.
MUSIC YOU LIKE MOST:	KLF, Amy Grant, Donna.
AMBITIONS OUTSIDE SPORT:	To pass my standard grades this year and - long term - to be a doctor or something to do with medicine.
THOUGHTS ON THE SPORT:	Too many people take drugs and I think that's cheating. It's not fair on athletes who don't take them.

HBT Promotions Present
The Auld Hoose Black Rock '5'
 Friday 1st May - 7.30pm Start
 Entries £2 on day at Kinghorn Primary School
 Prize fund - minimum £250,
 includes team prize and spot prizes
 Prizegiving and rehydration at Auld Hoose - 9.15pm
 Late License
 SAAA, SWAAA Permit Contact - J. McKay
 0592 891247

**ALLOA HALF MARATHON
 TENTH ANNUAL EVENT
 SUNDAY 29TH MARCH 1992**
 Sponsored by the Alloa Advertiser
 Extensive prize list for all categories
 Special commemorative medal
 Scenic and accurately measured course
 Team prizes
1ST PRIZE - WEEKEND HOLIDAY
 Entry forms from:
**CLACKMANNAN DISTRICT SPORTS COUNCIL
 DEPT. OF LEISURE AND RECREATION
 29 PRIMROSE STREET
 ALLOA**

**115TH NAIRN HIGHLAND GAMES
 WITH
 THE NAIRN HALF MARATHON**
 Sponsored by
G.M. PETROL SUPPLIES
 on the Links, Nairn
 Saturday 15 August
 Invitation Tug-of-War, Athletics, Piping, Dancing, Cycling,
 Nairn Pipe Band, and of course the Heavies
 Further information from Danny Bow, 16 Glebe Road,
 Nairn IV12 4ED
 (0667 52208 after 6pm)

**GOUROCK HIGHLAND GAMES
 at
 GOUROCK PARK
 On Sunday 10th May 1992**
Chieftain Peter Mallon from Radio Clyde
 Pipe Bands Contest, Highland Dancing Competitions,
 Wrestling; Tug o' War; Cycling; Athletics; Half Marathon;
 Side Shows.
Fun Day Out For All The Family

March

28

SIX stage RR Champs, Livingston.

LIVINGSTON AC OGM, Craigswood.

29

ALLOA Half Marathon 10th Annual Event. Entry forms from Clackmannan District Sports Council, Dept of Leisure & Recreation, 29 Primrose Street, Alloa.

HARMONY Team Trophy, K Hall, Glasgow.

INTER Club Athletic Match, Kelvin Hall.

April

1

FALKIRK OGM, G'mouth. D - (0324) 24911 Ext 2395.

4

FALKIRK Young Athletes Meeting, Grangemouth. D - (0324) 24911 Ext 2395.

5

DUNDEE HH10K RR, Caird Park, Dundee.

EDINBURGH League Meeting, Twoodbank.

GLEN Fruin RR, Helensburgh. D - (0436) 74471.

TOM Scott 10 Mile Memorial RR, Strathclyde Park. D - (0698) 69109.

MACRAE Homemakers OGM, Inverness.

8

LIVINGSTON AAC OGM, Craigswood.

11

RENFREWSHIRE 10 mile RR Champs.

YOUNG Athletes H'cap, Livingston.

PANASONIC League, Coatbridge.

12

NORTH Inch Road Relays, Perth.

SCOTTISH & NW League: D1, C'point; D2, Wishaw; D3, Coatbridge; D4, Dam Park, Ayr; D5 & 6, Dumfries.

ADT London Marathon, London

LAS Plant Craig Dunain HR, Inverness. D - 0463 221535.

16

FORTH V. League D1, G'mouth; D2, L'ston.

18

CENTRAL District Champs, Grangemouth.

19

DORA Stephen Memorial OGM, Coatbridge.

GREAT Angus Run - Forfar 15, Forfar.

LOCHABER People's Marathon & 10K RR, Fort William. D - (0397) 81345.

MAGGIE Storey 10K, Forfar.

HADDINGTON 10K.

SYAL East Div 1 and 2, Grangemouth; West Div 1 and 2, Dam Park, Ayr.

22

ST Andrews 5K Race.

25

HUNTERS Bog Trot, Edinburgh.

26

FORT William '4 Tops' HR.

FORTH Bridges Half M, S Queensferry.

KIRK WALL Half Marathon, Orkney.

BREAKTHROUGH People's Race.

BOS D4, Grangemouth; D5, Dundee.

PANASONIC D1,2, E K'bride; D3,4,5 Meadowbank.

29

DUMFRIES OGM, Dumfries.

INVERCLYDE 4 x 2 mile Relay, Greenock. D - (0475) 892160.

LANARKSHIRE AAA League, Wishaw.

May

1

AULD Hoose Black Rock 5, Kinghorn. 7.30pm - Entry on night. D - (0592) 891247.

2

EASTER Ross People's Half Marathon, Tain.

EDINBURGH - N Berwick RR, Meadowbank.

3

EDINBURGH Women's 10K, Leith Links.

SCOTTISH & NW League: D1, Wishaw; D2, Meadowbank; D3, Dam Park; League D4, Coatbridge; D5 & D6, G'mouth

SPORTAGE Women's 10K, Edinburgh. D - (0532) 441200.

ST Andrews Charity Half Marathon. Details - St Andrews (0334) 72604.

THE People's Stranraerathon '92, Stranraer, D - 0776 2151 Ext 245.

BANK of Scotland North East League, TBC.

GRAMPIAN TV League (East), TBC.

6

FIFE AC Biebo Craigs 5 miles. D - 0334 55627.

FALKIRK OGM, Grangemouth. D - 0324 24911 Ext 2395.

SRI Chinmoy 5 miles race, Edinburgh.

7

FORTH V. League: D1, Pitreavie; D2, G'mouth.

9

BEN Lomond Hill Race, Rowardennan.

GOLSPIE People's 10K RR, Golspie.

PENICUIK - Howgate 10K RR, Penicuik.

UK Women's League 1, Various.

GRE: Div 1, Birmingham; Div 3, Cardiff.

10

CITY of Dundee 10 K, Dundee. D - 0382 23141 Ext 4706.

GOUROCK Highland Games, Gourrock. D - 0475 24400 Ext 364.

MID Argyll Half Marathon & Fun Run, Lochgilphead, 2pm. D - Mr F Johnstone, Kilmory Road, Lochgilphead. Tel (0546) 602024/(0546) 602664.

UK Women's League 1, Various.

WOOLWORTHS SYAL: East Div 1&2, Livingston; West Div 1&2, Dumfries.

13

DUMYAT Hill Race, Stirling University. SRI Chinmoy 2 miles race, Edinburgh.

TROON Tortoises 10K & Fun Run, Troon.

SAL v Unis v Scot Juniors, Grangemouth.

15

ISLE of Jura Scottish Peaks Race, Oban. D - 0592 890408.

16

GOATFELL Hill Race, Brodick, Arran.

ISLE of Jura Scottish Peaks Race, Oban. D - 0592 890408.

SAAA North District Champs, Inverness.

17

CUMBERNAULD 10K RR, Cumbernauld. D - 0236 722131.

FORRES Harriers 10K, Forres.

ISLE of Jura Scottish Peaks Race, Oban. D - 0592 890408.

SWAA East District Champs, Meadowbank & West District Champs, Dam Pk, Ayr.

'HUGHES' Glenrothes Road Running Festival, Glenrothes. D - 0592 771700.

PANASONIC League D1&2, C'bridge.

20

KINNOULL Hill Race, Perth.

SRI Chinmoy Runners 2 mile race, Meadows, Edinburgh.

BANK of Scotland Eyemouth Road Races. D - Mr D S Miller, 5 Priors Walk, Coldingham, Eyemouth, Berwickshire, TD14 5PE. Tel 0890 771438.

21

HELENSBURGH 10K, Helensburgh. D - 0436 74471.

CAITHNESS HALF MARATHON

Sun 31st May at 12 noon

- Caithness Glass Prizes
- Medals to All Finishers
- New £100 Value Award for Course Record
- Free Swim at Finish

Entries:
J. Marshall, 8 Wilson St.
Thurso, Caithness.

23

FALKIRK Young Athletes Meeting, Grangemouth. D - 0324 24911 Ext 2395.

KIRKCUDBRIGHT Academy Milk Half Marathon, Kirkcudbright Academy.

BANK of Scotland Stornoway Half Marathon & Fun Run, Stornoway, Lewis. D - 0851 870863.

24

ABERDEEN 10K RR.

STRATHKELVIN 10K, Kirkintilloch. D - 041-772 3210.

25

CAU Inter County Championships, Corby.

JOHNNIE Walker 10K, Kilmarnock.

26

BABCOCK Thorn Pitreavie OGM, Pitreavie.

27

AULD Toun 10K, Dunfermline. D - 0383 737712.

LANARKSHIRE AAA League, Wishaw.

SRI Chinmoy 1 Mile race, Edinburgh.

30

AAA U-20 Multi Events Champs, London.

BENS of Jura Fell Race, Craighouse, Jura.

EUROPEAN Clubs' Cup, Birmingham.

MAMORE Hill Race, Kinlochleven.

SAAA East District Champs, Meadowbank. West District Champs, Dam Pk, Ayr. D - 031 317 7320.

SCOTTISH Young Athletes H'cap Scheme.

BATHGATE Highland Games.

31

AAA U-20 Multi Events Champs, London.

CAITHNESS Half Marathon, Thurso. D - 0847 62375.

EUROPEAN Clubs' Cup, Birmingham.

MONKLANDS Scottish Cups/I, Coatbridge.

MOTHERWELL 10 mile RR, Wishaw. D - 0698 355821, inc SAAA 10 mile RR Champs.

GRAMPIAN TV League (East), TBC.

GRE Cup Round 2, Various.

ABERFELDY Recreation Centre Half Marathon, Aberfeldy. D - 0887 20922.

June

2

COOPER Park Road Races, Elgin.

3

AYR Seaforth 10K Road Race, Dam Park.

FALKIRK OGM, Grangemouth.

HILL of Tarvit 5 mile RR, Ceres, Fife.

SRI Chinmoy 2 miles race, Edinburgh.

4

DUMBARTON Academy 500 10K RR.

5

EUROPEAN Relays, Sheffield.

6

BENBECULA Marathon, Western Isles.

EAST Kilbride Summer Races, East Kilbride.

FRANK Sinclair Memorial RR, Greenock.

SHOTTS Highland Games, Shotts.

UK Championships, Don Valley.

REEBOK RR, Haddington.

WOOLWORTHS League, E, D1&2, Pitreavie.

7

AIRDIRE Highland Games, Airdrie.

AONCH Mor Hill Race, Fort William.

DEXTAT Half Marathon, Galston.

DUNFERMLINE Half Marathon. D - 0383 723211.

SCOLTY Hill Race, Banchory, nr Aberdeen.

SWAAA Half Marathon Champs, Dunfermline.

THE Cairn Table Race, Muirkirk.

UK Championships, Don Valley.

WOOLWORTHS League, W D1&2, Pitreavie.

10

KILWINNING Academy Milk 10K, Kilwinning.

SRI Chinmoy 10K, Edinburgh.

WIGTOWN DC OGM, Stranraer.

11

FORTH Valley League: D1, Livingston; D2, Pitreavie.

13

AAA Multi-Events Championships, TBC.

BEARSDEN & Milngavie Highland Games.

GLEN Rosa Horseshoe, Brodick.

HAMILTON District Sports Festival.

ISLE of Skye Half Marathon, Portree. D - 0478 2341.

SSAA Pentathlon Champs, Grangemouth.

TRAPAIN Law Hill Race, East Linton.

14

AAA Multi-Events Champs, TBC.

CITY of Edinburgh 10K.

EDINBURGH Athletic League, Pitreavie.

FALKIRK Highland Games, Callender Park.

HOY Half Marathon, Hoy, Orkney.

INVERCLYDE Marathon & Half Marathon, Greenock.

MONKLANDS Festival 7 mile RR.

BOS League: D1, Pitreavie; D2, TBC; D3, G'mouth; D4, Dundee; D5, Dumfries.

PANASONIC League: D1&2, Crownpoint.

PANASONIC League: D3,4&5, Coatbridge.

16

BABCOCK Thorn Pitreavie OGM, Pitreavie.

ST ANDREWS HALF MARATHON & FUN RUN

(Held under SAAA, RRA, and SWAAA rules)
SUNDAY 3rd MAY 1992 at 2pm

- * Afternoon start
- * Free T-shirt to first 100
- * 6x2 mile Fun Run Relay
- * Scenic Undulating Course
- * Medals to all finishers
- * Entertainment for all the family!

This is a charity event to raise funds to buy life-saving equipment for babies and children.

For entry forms & further details, send SAE to: Half Marathon, St Andrews University Charities, Students' Union, St Mary's Place, St Andrews, Fife KY16 9UZ.

CRAIG DUNAIN HILL RACE

11th April 1992
6 miles
900ft climb



Entry (£2.00) and enquiries to:
Paul Garner, 8 Tower Court,
Westhill, Inverness
Tel. (0463) 791068

- * Limited Field (100 Max)
- * User - Friendly Hill
- * Free Soup and Rolls
- * Indiv. and Team Prizes
- * No Medals



BRITISH ASSOCIATION
OF ROAD RACES Grade 1



HUGHES HUGHES

GLENROTHES ROAD RUNNING FESTIVAL

SUNDAY 17TH MAY 1992

featuring the

10th Anniversary

HALF MARATHON

incorporating

THE 1992 SCOTTISH HALF MARATHON CHAMPIONSHIP RACE

and the

1992 Scottish Veterans Harriers Club Half Marathon Championship Race

a

BIATHLON

800M SWIM - 10K RUN

10K WHEELCHAIR RACE

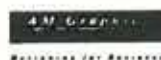
10K ROAD RUN

5K FUN RUN

JUNIOR FUN RUN

FOR ENTRY FORMS: TELEPHONE (0592) 771700
or write to:

Road Running Festival
Fife Sports Institute
Viewfield Road
Glenrothes, Fife
KY6 2RA



WOOLWORTHS



ATPRINT
PRINTING FOR BUSINESS

KIRKCALDY DISTRICT PEOPLE'S HALF MARATHON, 10K AND FUN RUN



Promoted by FIFE COLLEGE OF TECHNOLOGY
SUNDAY 21st JUNE 1992
(UNDER SAAA, SWAAA, SWCCU and RRA LAWS)
Official Entry Form
T-shirts to Finishers in HM and 10K

Half-Marathon and 10K start and finish in Beveridge Park. The Funrun is a single circuit within the park. Please pre-enter the two main races, enclosing stamped, addressed envelope, and we will send you your number a week before the race. There will be limited entry on the day, at 50p extra charge. Programme:

9.00 Kirkcaldy District People's Half-Marathon (Last year's 2-lap course)
9.45 Funrun (50p enter on the day, £1 adults). Sponsor forms available before race for free entry.
10.00 Kirkcaldy District 10K (One lap of HM course)

Prizes-wide range of SAAA and Vets categories. "Fife Free Press" £100 value first prizes in Half-Marathon men's and women's races. Men's athletic club team prizes (3 to count, team pre-entry not required. Corporate team race prizes (pre-entry required).

New for 1992 - Integral to the Half Marathon, a Charity Corporate Team Race, for teams of 3, which must be pre-entered. Teams, which may be from business organisations of any kind, must include one woman. Teams must be employees or directors of the same organisation, normally working at the same location. The promoters reserve the right to adjudicate a valid Corporate team.

Please enter Runner details:

Fees: HM £4.50 (£5 unattached) 10K £3 (£3.50)

Race entered

Name

Age/Sex

Address, tel no

HM Corporate Team Race

Fees: £30 per team. £10 goes to charity

Team Names

1.

2.

3.

Age/Sex

Address/tel no.

The Fife Half-Marathons Challenge-this is a link-up between the Glenrothes, Dunfermline and Kirkcaldy Half-Marathons, for those who enter all three. You do not have to enter the Challenge separately. The winners (in male and female senior, vet and supvet categories), are those with the lowest aggregate times for the three races.

In enclose appropriate pre-entry fee, cheque number..... made out to Fife College of Technology (Half-Marathon Events), plus a stamped addressed envelope 9 by 6 inches with this complete form. Please note 50p extra charge for runners unattached to clubs, due to SAAA's levy. Address completed applications to: Half-Marathon Applications, Fife College of Technology, St Brycedale Avenue, Kirkcaldy, KY1 1EX. Queries to: Crawford Mackie, Tel. 0592 268591.

Signature..... Date.....

FIFE REGIONAL COUNCIL - EDUCATION COMMITTEE

Dunfermline District Council

presents

THE DUNFERMLINE HALF MARATHON OF 1992



Pittencreeff Park
Dunfermline
Sunday 7th June
9.30 am

Entries and Enquiries to:

Race Director
The Carnegie Centre
Pilmuir Street
Dunfermline
Fife
(0383) 723211



Dunfermline
Building Society

- * Are you going to be there?
- * Entries £4.00 or £3.50 with this advert until 31st March!
- * Don't Delay - Apply Today.



**Annandale & Eskdale
District Council**
are promoting the following
events in 1992 at

The Everholm, Annan

OPEN GRADED MEETING
Wednesday 1st July
Entry on the night 50p per event

JUNIOR HIGHLAND GAMES
Sunday 16th August
Track and Field events for the
younger age groups
PIPE BAND • PENALTY SHOOT • SIDE STALLS

Enquiries to Environmental & Leisure Services,
Annandale & Eskdale District Council
Tel: (0461) 203311 ext. 306



**FAST, FLAT, AND ACCURATE
OUT & BACK, SCENIC COURSE**

THE FIRST NEWTONMORE 10 MILE ROAD RACE

(Under SAAA SWAAA & SWCCRRRA rules)



Sunday 24th May 1992
At 2.00pm from
Balavil Sport Hotel
Newtonmore, Inverness-shire
(65 miles north of Perth)

- Exceptional Prize list, Award to all finishers
- Changing facilities • meal • prize giving • T-shirts • spot prizes •

For entry forms and details: stamped addressed envelope to:
Duncan Watson, Glenquoich House, Newtonmore,
Inverness-shire PH20 1EB.



Special rates available from local hotels & guest houses.
Assisted by Aviemore and Spey Valley Tourist Board,
Badenoch and Strathspey District Sports Council,
Newtonmore Business Association, and Badenoch Athletic Club.



SCOTTISH AMATEUR ATHLETIC ASSOCIATION 1992 CHAMPIONSHIPS



OPEN CHAMPIONSHIPS

17 May	SAAA Half Marathon Championship	Glenrothes
31 May	SAAA 10 Mile Road Race Championship	Wishaw
27 June	"TSB" SAAA U-20 Championships	Ayr
3/4 July	SAAA Senior Championships	Meadowbank
11 July	SAAA Heavy Events Championship	Inverness
12 July	SAAA 10K Road Race Championships	Kilmarnock
18/19 July	SAAA Combined Events Championships	Dumfries
2 August	SAAA Marathon Championship	Elgin
1992 Season Overall	SAAA Road Running Championship (Points accrued overall in any of the above races at 10K, 10 mile, Half Marathon, Marathon)	(as above)
1992 Season Overall	SAAA Hill Running Championship (selected events over the season)	Various

CLOSED CHAMPIONSHIPS

16 May	"Autosales" SAAA North District Championships	Inverness
30 May	SAAA East District Championships	Meadowbank
30 May	SAAA West District Championships	Ayr
9 August	SAAA Medley Relay Championships	Meadowbank
16 August	SAAA Relays Championships	Crownpoint
19 September	"D.M. Hall & Sons" SAAA North District 10K Track Championship	Inverness

Entry forms (as they become available) and/or further information can be obtained from:
SAAA, Caledonia House, South Gyle, Edinburgh EH12 9DQ. Tel: 031-317 7320/1.

CUMBERNAULD & KILSYTH DISTRICT COUNCIL

In association with

CUMBERNAULD NEWS & KILSYTH CHRONICLE



10K ROAD RACE AND 5K FUN RUN

SUNDAY, 17 MAY 1992
START 1.00PM

ORGANISED BY
RECREATION & LEISURE SERVICES

LOTS OF PRIZES TO BE WON
T-SHIRTS FOR ALL 5K FINISHERS
MEDALS FOR ALL 10K FINISHERS



ENTRY FORM

Please complete in BLOCK CAPITALS and return to Cumbernauld & Kilsyth District Council, Recreation & Leisure Services, Council Offices, West Way, Cumbernauld G87 1SD.

If your entry is not accepted, you will be notified as soon as possible and your fee returned. Entries close on Wednesday, 17 May, or when race lists are published before that date. Please note that race entries will not be acknowledged, but race results will be issued by mid-evening. ALL ENTRANTS must receive a 125% x 1" stamp-sized photograph with Entry Form to enable us to send you the "runner's" information pack.

NAME

ADDRESS

NAME OF CLUB

DATE OF BIRTH AGE ON DAY OF RACE

10K ROAD RACE ☐ 5K FUN RUN ☐ ESTIMATED TIME

CATEGORY: Male Under 40 ☐ Male 40 - 49 ☐ Male 50 & over ☐
Female Under 40 ☐ Female 40 - 49 ☐ Female 50 & over ☐

ENTRY FEE - 10K Road Race £4.00 - 5K Fun Run £2.00

I declare that I am a resident of Cumbernauld & Kilsyth District Council area and that I am medically fit to run and fully understand that I agree to the rules and regulations of the race and that the organisers or sponsors will in no way be held responsible for any injury or damage sustained by me during or as a result of the race, or for any property lost on the course or in the changing rooms. I declare that I am not an amateur as defined by the S.A.A.A. (12) I will abide by the Rules and Rules for Competitions of the race and its governing bodies.

I will be 18 years of age or over on the day of the race.

SIGNATURE DATE

This race is governed under the terms of the S.A.A.A. and Scottish Women's Club Country and Road Running Association and is subject to all rules in the jurisdiction of both Associations.

By Runner ☐ By Club ☐ By Other ☐ By Other ☐

KINCARDINE & DEESIDE DISTRICT COUNCIL

STONEHAVEN HALF MARATHON AND FUN RUN

(SAAA & SWAAA Rules)

11.00 a.m.

Sunday 5th July, 1992

Main Sponsors: Kincardine & Deeside
District Council

- * Entry fee £5.50
 - * Medals and Certificates to all finishers
 - * Free swim in Scotland's only outdoor 50m heated seawater swimming pool
- Entry forms, send S.A.E. to:
Race Administrator, Leisure & Recreation
Section, Kincardine & Deeside District
Council, Viewmount,
Stonehaven AB3 2DQ.
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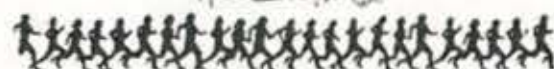
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VALE OF LEVEN : 21st JUNE 1992

Luton Borough **EASTERN**
ELECTRICITY

The Borough of Luton Leisure and Amenities Department
write you in the

LUTON marathon



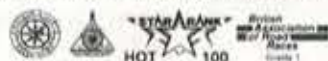
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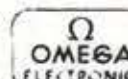
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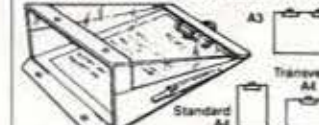
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